



IT'S THE FIRST NEWSLETTER

AKASHVANI

THE OFFICIAL E-NEWSLETTER OF AIMSRC

EDITOR'S MESSAGE

After weeks of planning & brainstorming, we are proud to present to you the first issue of "AKASHVANI" the E-Newsletter of Akash Institute of Medical Sciences and Research Centre featuring the creative and academic life of the college! The Newsletter is the brainchild of our beloved Vice Chairman Mr. Amar Gowda, so we trust it provides a window of opportunity to represent AIMSRC in the best way possible.

"AKASHVANI" will bring together all stakeholders of the Akash Institute of Medical Sciences and Research Centre from the administration, faculty, PG's and of course the students- as they reflect, analyze and ink their thoughts on the newsletter. We are committed to showcasing your creative endeavors while also assisting you in your academic life with special columns from the PG's, Interns and members of the faculty.

As such, we would love to hear your voices: from opinions about previous issues, suggestions for columns for future issues, and from reflections on an event you attended to a poem that you want to share with the rest of the college - we want your Input! Email us at our email. We want this to be a collective effort of Akash Institute of Medical Sciences and Research Centre and we will do our best to make that happen.

Send in your interpretation (whatever it may be) of "AKASHVANI" to us at "digitalmarketing@aimsrc.com", Phone number - 9036113368.

Enjoy Reading

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GRADUATION DAY 2022

FIRST BATCH OF AIMSRC



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Akash Institute of Medical Sciences and Research Centre held its first graduation ceremony on Sep 18th, 2022 in its own auditorium. Honourable Chief Minister of Karnataka, Shri Basavaraj Bommai and Honourable Vice-chancellor of Rajiv Gandhi University of Health Sciences Dr M K Ramesh graced the occasion as the Guests of Honour and congratulated the first batch of 119 students who graduated as Doctors.

Merit awards to the First Batch (2016-2017) of MBBS Graduates of the college were awarded by the Honourable Chief Minister. The vice Chairman, of the Akash Group of Institutions addressed the and said that the convocation ceremony filled him with elation and a sense of accomplishment. Dr Muralidhar, Professor and Head, of the Department of Orthopaedics, administered the oath to the graduating students.



The University toppers and students who bagged the most awards were Dr ShreeHarsha E R, Dr Vybhav S, Dr Manjunath Gouda Halemani, Dr Shravya H S and Dr Pooja Shettannavar.



The Chief Minister of Karnataka thanked Akash for providing 850 beds and caring for more than 12,000 patients during the COVID, the greatest number of patients in the whole state. He said *"AIMSRC is delivering Quality Education with excellent Infrastructure and services"* in his remarks. The chief minister also opined that the Health minister of Karnataka confirmed that the AIMSRC was the most supportive institution during the global pandemic.

INDO-AUSTRALIAN MED PARLIAMENT 2022



Medparliament is a global platform where leaders across the globe come together and foresee the future of healthcare with utmost commitment. The collaborative meeting was envisioned to create a strong ecosystem for the holistic development of healthcare, specifically in the arena of mutual advancement, collaboration and commerce.

The Australian delegates who are stalwarts in the fields of *Genomics, Digitology, Remote healthcare, and Patient transport* visited the Akash Group of Institutions on 31.10.2022. The daylong discussions resulted in a productive exchange of knowledge and understanding of the actual and practical hurdles.



Dr. George Muchnicki, Executive Director, Genetic Technology Limited, and **Mr. Basisth Dahal Mohan** addressed Genetics and clinical genome mapping and its value in screening and predicting cancers. **Dr. Bruce Ingram OAM**, who invented the QSTAT Autoretracting safety syringe explained the mechanism and also highlighted the advantages of routine usage. Associate Professor **Andrew Bivard** spoke about creating an International database of Acute Ischaemic Stroke patients. He also provided updates regarding the changes in the guidelines for stroke management.

The discussion with the Management, Professors, Leaders regarding real-time problems & the practical solutions for the same was fruitful. The existing & proposed projects and their technical superiority were discussed and appreciated.



ACADEMIC EVENTS & ACTIVITIES

♦ WORLD MENTAL HEALTH DAY

On the occasion of “World Mental Health Day-2022”, the Department of Psychiatry in collaboration with the District Mental Health Program- Bangalore Rural organized a program at Akash Institute of Medical Sciences & Research Centre on 21/10/2022. **Dr. C R Chandrashekar**, Retd. Professor NIMHANS, the guest speaker, addressed the gathering about the importance of mental health in this era and emphasized this year’s WMHD theme: *“Making Mental Health & Well-being for all a global priority”*.





Dr. Vyjayanthi S, Professor, Department of Psychiatry, AIMSRC spoke about *'HOME: When the safe space becomes unsafe'* on the occasion of *"National Domestic Violence awareness month"*. The special invitees of the program were the people under the care of a Non-Governmental Organization.

◆ WORLD DIABETES DAY

On the occasion of "WORLD DIABETES DAY" on Nov 14th, Dept of General Medicine organized a screening camp where in blood sugar, HbA1C & Neuropathy testing was done. Around 80 people were screened in the camp. Awareness lecture about Diabetes, it's complications and dietary management was given, which was very well reciprocated by the audience.

In the afternoon session we had an eminent speaker, great teacher, renowned Endocrinologist, Dr. Prasanna Kumar, who gave a peak into the Recent advances in Diabetes. All faculty, PGs & interns who were present had a very knowledgeable experience.



◆ WORLD HEPATITIS DAY

BY: Mehnaz Fathima (Final year MBBS student) & other members of the rotary club

For “WORLD HEPATITIS DAY”, The Rotary club of the caduceus conducted an event to spread awareness of Hepatitis B to the patients in AIMSRC. The club members visited the wards to counsel patients and encourage them to take the vaccine. Students introduced the rotary club of caduceus to the class through a presentation and talked about the club's vision. Later the teachers spoke a few words about their experience with hepatitis vaccinations and the importance of taking vaccines for healthcare workers. The session ended with a vote of thanks.



◆ COMMUNITY OUTREACH PROGRAMMES

In the months of October and November 16 camps has been organized by AIMSRC in and around Bangalore Rural and Chickballapura District. Around 1075 people were screened. Among them, those who require further treatment were referred and treated in our hospital.



This is a report of a 15year old girl suffering from Juvenile Idiopathic Arthritis (JIA) coming with complaints of all joints pain, stiffness, restricted movement, and limited daily activities of living. To continue reading interesting of this young girl click on this link "<https://www.aimsrc.com/news.html>" or scan this code.



♦ LARVAL SURVEY BY INTERNS

Akash Institute of Medical Sciences Research Centre participated in the Larval survey conducted by District Health & Family Welfare, Bengaluru Rural District. Department of Community Medicine co-ordinated the activity.



Interns, physiotherapy students, Medico-social workers, and health inspectors were involved in the the survey. Door to Door survey of around 800 houses and inspection of both known sources of standing water and any newly discovered still water for the presence of mosquito larvae was surveyed.

◆ DEPARTMENT IN FOCUS - PHYSIOTHERAPY

A PATHWAY TO RECOVERY THROUGH REHAB-BASED PHYSIOTHERAPY:

At Akash Institute of Medical Science and Research, there has been an influx of tremendous spectrum of cases due to constant efforts of doctors, nurses, support staffs and management team. Recently the blooming Physiotherapy department wanted to throw light on rehabilitation services at Akash Physiotherapy Rehab Centre.

◆ GRAFFITI

MEDICAL TRIVIA

In 1960, Elmo Turner showed up to his doctor's office with an orange face & orange hands, though that wasn't his complaint. In fact, Elmo didn't realize his skin was an odd orange color. When the doctor called his attention to it and dug into Elmo's history, he discovered that Elmo ate excessive amounts of carrots and drank large amounts of tomato juice. Carrots contain Carotene, a yellow pigment, and tomato juice contains Lycopene, a red pigment. Yellow and Red make Orange. Elmo became the first person diagnosed with Carotenemia-Lycopenemia. His skin went back to normal after he stopped eating carrots & drinking tomato juice. He had a short story written about him, called "The Orange Man."

Erin Stair, MD, MPH
bloomingwellness.com



QUIZ TIME

HISTORY: 45 years old male a known diabetic presented with complaints of bending of his fingers towards the palm and inability to fully straighten his fingers especially the little finger of his left hand since 2 years. He says the bending has progressively worsened. He complains of similar problems in his right hand but to a lesser degree. O/E Nodules and a thick cord was felt under the skin on the palm.



QUESTIONS:

- 1 What is the diagnosis?
- 2 What are the likely cause and risk factors?
- 3 What is the treatment?

Dr. Rahul Shetty
(Dept. of Plastic surgery)

Send your answers to "newsletter.aimsrc@gmail.com". The best answer will be published in the next month's edition along with their name, and college/designation.

LAUGHTER
is the best
MEDICINE



"Nurse, get on the internet, go to SURGERY.COM, scroll down and click on the 'Are you totally lost?' icon."