



AIMSRC

Akash Institute of Medical Sciences
and Research Centre



AKASHVANI

THE OFFICIAL E-NEWSLETTER OF AIMSRC

JANUARY- FEBRUARY : VOLUME- 11

AKASH HOSPITAL RANKED

8th

Multi-speciality Hospital in Bangalore

By Times Group Health Survey 2023-24



EDITOR'S MESSAGE

The Aakashwani is a humble attempt by scholars of Akash Institute of Medical Sciences & Research Center, Bangalore to disseminate the wings of knowledge through news, views, activities & contributions of students and faculty members of institute.

The first issue of this e-newsletter was released in December 2023 and till now 10 volumes of it has been published. In this we give information on various activities like workshop & health camp conducted, cultural activities, different day and festival celebrations as well as achievements of undergraduate & postgraduate students and faculties. We also add a puzzle on medical cases & a cartoon on present health scenarios.

We are pleased to inform that Akash Hospital has bagged award for Dermatology & Dental departments as well as has ranked 8th best hospital as per Times of India ranking survey. Akash Hospital has one more feather in his cap as our chairman Mr. Muniraju has got life time achievement award for outstanding performance & contributions to health care services from Times Group.

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- General Health Camps January – 2024
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A I M S R C

Akash Institute of Medical Sciences
and Research Centre



Touching New Heights Ranked

8th

Multi-speciality Hospital in Bangalore

By Times Group Health Survey 2023-24





AKASH HOSPITAL

Ranked 8th Best Multispecialty Hospital in Bangalore
Times Group Health Survey - 2023-2024

Akash Hospital: Reaching for the Sky

Touch is the most primal instinct of the humans. While robots are pushing the realm of healthcare to greater heights, human touch remains at the core. A compassionate and healing touch of doctors is what makes a good hospital stand out from the rest. The Bengaluru based Akash Hospital understands this well and has been at the forefront of transforming healthcare with the humane touch.

In a transformative era of healthcare, Akash Hospital stands tall, improving quality in medical care, pioneering specialties and a steadfast commitment to community welfare. Founded in 2014 under the visionary leadership of K Muniraju, the hospital affiliated with the Akash Institute of Medical Sciences and Research Centre, has become synonymous with both preventive care as well as advanced medical services across various specialties.

ESTABLISHING THE STANDARD FOR SPECIALISED CARE

At Akash Hospital, a diverse range of super specialties set it apart from traditional healthcare facilities. Departments such as neurosurgery, urology, nephrology, plastic surgery and cardiology offer world class treatments to address complex medical conditions. What distinguishes Akash Hospital from the rest is its dedication to bringing specialised care to the rural population by providing specialised care in their close vicinity when time is crucial.

Beyond the super specialties, internal medicine, paediatrics, obstetrics and gynaecology, ENT, ophthalmology, mental health and dermatology are some of the general specialties that cater to the diverse healthcare needs of the community.

HOLISTIC CARE SERVICES

The hospital takes pride in being more than just a medical facility - a haven for



(From left to right) The Management team, Dr Swathi, Dr Ashok, Dr Nareesh Shetty CEO, Amar Gowda Vice Chairman, Muniraju.K.- Founder Chairman, Dr Shivaprakash Principal, Dr Brijesh Medical Supdt., Dr Sunil



COMMUNITY ENGAGEMENT AND ACCESSIBILITY

Akash Hospital actively engages with the community through free healthcare drives, initiatives, including vaccine drives, health check-ups, and diabetes camps. By accepting government-sponsored healthcare schemes, the hospital ensures that quality medical services are accessible to all, irrespective of socio-economic backgrounds.

EMBRACING TECHNOLOGY FOR ENHANCED CARE

In line with its commitment to innovation, Akash Hospital integrates technology into its services, offering telemedicine options for remote consultations and low-ups. Additionally, the hospital's cosmetic department and quality dental care solutions cater to patients' aesthetic and oral health needs, reflecting its dedication to holistic well-being.

A VISION FOR A HEALTHIER TOMORROW
As Akash Hospital continues to evolve, it remains committed to shaping a healthier tomorrow through a blend of advanced medical expertise, compassionate care, and community engagement. The inclusion of super specialties, general specialties, specialized care units, and 24/7 emergency services positions Akash Hospital as a comprehensive healthcare institution focused on transforming lives.

For further details contact
Akash hospital
WhatsApp number: 9964199647
Email: secretary@aimsrc.com

RESPONSIVE EMERGENCY CARE
Their 24/7 emergency department is equipped with state-of-the-art facilities and a dedicated team of medical professionals ready to respond swiftly to any medical crisis. This commitment to round-the-clock emergency care reflects Akash Hospital's dedication to being a reliable healthcare partner for the community.

According to the Times Group Health Survey for 2023-2024, Akash Hospital has been ranked as the 8th Best Multispecialty Hospital in Bangalore. This ranking reflects our commitment to providing high-quality medical care to our community.

Community Engagement and Accessibility

Akash Hospital actively engages with the community through various initiatives, including free healthcare services such as vaccine drives, health check-ups, and diabetes camps. By participating in government-sponsored healthcare schemes, we ensure that quality medical services are accessible to all, regardless of their socio-economic backgrounds.

Ranked
8th

BEST MULTI-SPECIALTY HOSPITAL IN BANGALORE



ALL INDIA MULTISPECIALTY HOSPITALS RANKING SURVEY 2024

ASTER HOSPITALS PIONEERING A FUTURE OF HEALTHY HEARTS WITH HEART FAILURE & TRANSPLANT PROGRAMS

TOP MULTI SPECIALTY HOSPITALS NATIONAL

1. Apollo Hospitals, Greams Lane, Chennai
2. Sir H. N. Reliance Foundation Hospital and Research Centre, Gurgaon, Mumbai
3. Aster MIMS Hospital, Chennarayana, Kochi
4. Medanta The Medicity, Sector 38, Gurgaon
5. Apollo Health City, Jubilee Hills, Hyderabad

TOP MULTI SPECIALTY HOSPITALS SOUTH REGION

1. Apollo Hospitals, Greams Lane, Chennai
2. Aster Medcity, Chennai
3. Apollo Health City, Jubilee Hills, Hyderabad
4. Aster CMH Hospital, New Airport Road, Bengaluru
5. Manipal Hospital, Bannerghatta Road, Bengaluru
6. Aster MIMS Hospital, Govindapuram, Bengaluru
7. SIMS Hospital, Jawaharal Nehru Salai, Chennai
8. Kaveri Hospital, Alwarpet, Chennai
9. Apollo Hospitals, Bannerghatta Road, Bengaluru
10. Royal Medical Centre and Hospital, Bannerghatta Road, Bengaluru
11. Continental Hospital, Narasimhaiah Road, Bengaluru
12. Ramesh Memorial Hospital, New BEL Road, Bengaluru
13. United Hospital, SSK, Chennai
14. Sagar Hospital, Banashankari, Bengaluru
15. Fortis Hospital, Bannerghatta Road, Bengaluru
16. CARE Hospital, Bannerghatta Road, Bengaluru
17. Apollo Speciality Hospital, CMR, Bengaluru
18. SIMS Hospital, Kattankulathur, Chennai
19. Trinity Hospital (Formerly Specialist Hospital), Kalyan Nagar, Bengaluru
20. Sagar Super Speciality Hospital, Infantry Road, Bengaluru
21. Apollo Speciality Hospital, Varanasi, Chennai
22. KIG Hospital, Govindapuram, Bengaluru

TOP MULTI SPECIALTY HOSPITALS BANGALURU

1. Aster CMH Hospital, New Airport Road
2. Manipal Hospital, Bannerghatta Road
3. Apollo Hospitals, Bannerghatta Road
4. Ramesh Memorial Hospital, New BEL Road
5. Sagar Hospital, Banashankari
6. Fortis Hospital, Bannerghatta Road
7. Trinity Hospital (Formerly Specialist Hospital), Kalyan Nagar
8. Akash Hospital - A Unit of Akash Institute of Medical Sciences and Research Centre, Infantry Road
9. Sagar Hospital, Devanahalli
10. Aster RV Hospital, Tibik Nagar
11. Vydehi Institute of Medical Sciences and Research Centre, Shivajinagar
12. Trinity Multi-Specialty Hospital & Heart Foundation, Bannerghatta
13. Pristine Hospital & Research Centre, Bannerghatta
14. Apollo Speciality Hospital, Kattankulathur
15. Apollo Speciality Hospital, Kalyan Nagar
16. PIG Hospital, Sampangram Nagar
17. Manipal Hospital, Hebbal
18. Apollo Hospitals, Sheoharapuram

TOP EMERGING HOSPITALS BANGALURU

1. Zymus Hospital, Raghunahalli, Bengaluru

Exploring new paradigms in quality healthcare

WE HAVE CHANGED TO SERVE YOU BETTER

TRILIFE HOSPITAL

TRILIFE HOSPITAL is the perfect parallel of what is possible when passion, innovation and compassion converge in the pursuit of quality healthcare. As it continues to explore new horizons and pioneer ground-breaking initiatives, Trilife Hospital remains steadfast in its commitment to shaping the future of healthcare delivery in Bengaluru and beyond.

Trilife Hospital is the perfect parallel of what is possible when passion, innovation and compassion converge in the pursuit of quality healthcare. As it continues to explore new horizons and pioneer ground-breaking initiatives, Trilife Hospital remains steadfast in its commitment to shaping the future of healthcare delivery in Bengaluru and beyond.

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AKASH HOSPITAL

**Top 8th best Multispecialty hospital in Bangalore.
Times Group Health Survey -2023-2024**

TOP MULTI SPECIALITY HOSPITALS SOUTH REGION		
Rank	Name	City
1	Apollo Hospitals, Greams Lane	Chennai
2	Aster Medcity, Cheranalloor	Kochi
3	Apollo Health City, Jubilee Hills	Hyderabad
4	Aster CMI Hospital, New Airport Road	Bengaluru
5	Manipal Hospital, Old Airport Road	Bengaluru
6	Aster MIMS Hospital, Govindapuram	Calicut
7	SIMS Hospital, Jawaharlal Nehru Salai	Chennai
7	Kauvery Hospital, Alwarpet	Chennai
8	Apollo Hospitals, Bannerghatta Road	Bengaluru
9	Kovai Medical Center and Hospital, Avanashi Road	Coimbatore
10	Continental Hospitals, Nanakramguda	Hyderabad
11	Ramaiah Memorial Hospital, New BEL Road	Bengaluru
12	United Hospital, S.V.P Chowk	Kalaburagi
13	Sagar Hospitals, Banashankari	Bengaluru
13	Fortis Hospital, Bannerghatta Road	Bengaluru
14	CARE Hospitals, Banjara Hills	Hyderabad
15	Apollo Speciality Hospitals, OMR	Chennai
16	SRM Global Hospitals, Kattankulathur	Chennai
17	Trilife Hospital (Formerly Specialist Hospital), Kalyan Nagar	Bengaluru
18	Sparsh Super Speciality Hospital, Infantry Road	Bengaluru
19	Apollo Specialty Hospitals, Vanagaram	Chennai
20	KG Hospital, Gopalapuram	Coimbatore

TOP MULTI SPECIALITY HOSPITALS BENGALURU		
Rank	Name	Area
1	Aster CMI Hospital	New Airport Road
2	Manipal Hospital	Old Airport Road
3	Apollo Hospitals	Bannerghatta Road
4	Ramaiah Memorial Hospital	New BEL Road
5	Sagar Hospitals	Banashankari
5	Fortis Hospital	Bannerghatta Road
6	Trilife Hospital (Formerly Specialist Hospital)	Kalyan Nagar
7	Sparsh Super Speciality Hospital	Infantry Road
8	Akash Hospital - A unit of Akash Institute of Medical Sciences and Research Centre	Devanahalli
8	Sagar Hospitals	Tilak Nagar
9	Aster RV Hospital	J P Nagar
10	Vydehi Institute of Medical Sciences and Research Centre	Whitefield
11	Trinity Multi- Speciality Hospital & Heart Foundation	Basavanagudi
12	Pristine Hospital & Research Centre	Basaveshwar Nagar
13	Koshys Multispeciality Hospital	Ramamurthy Nagar
14	Apollo Speciality Hospitals	Jayanagar
15	P.D. Hinduja Sindhi Hospital	Sampangiram Nagar
16	Manipal Hospital	Hebbal
17	Apollo Hospitals	Sheshadripuram

TOP EMERGING HOSPITALS BENGALURU		
Rank	Name	City
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Ranked
8th
BEST MULTI-SPECIALITY HOSPITAL IN BANGALORE

Setting Standards for Specialized Care
Akash Hospital distinguishes itself by offering a diverse range of Super Specialties, including neurosurgery, urology, nephrology, plastic surgery, and cardiology. These departments provide world-class treatments for complex medical conditions. We are dedicated to bringing specialized care to rural populations by providing services in their vicinity when time is crucial.
In addition to our super specialties, we offer general specialties such as internal medicine, pediatrics, obstetrics and gynecology, ENT, ophthalmology, mental health, and dermatology. These specialties cater to the diverse healthcare needs of our community.

Recognition of Dedication We are proud of the recognition we have received for our unwavering dedication to providing world-class healthcare. Our goal is to nurture each patient's recovery and promote their well-being. We look forward to serving more patrons and providing excellent medical care affordably.





EXCELLENCE IN AESTHETIC SURGERY & COSMETOLOGY' BY TIMES EXCELLENCE HEALTH AWARDS 2023-24



We at Akash Hospital are elated and overwhelmed to add a new feather to our cap.

It is a great honour that our Departments of Dermatology and Dental Sciences were awarded the prestigious 'Excellence in Cosmetology and Aesthetic Surgery in the Times Excellence Health Awards 2023.'

We are pleased to receive this recognition and are committed to offering world-class healthcare.

INAUGURATION CEREMONY OF AKASH CENTRE FOR ADVANCED SIMULATION



Akash Institute of Medical Sciences and Research Centre in Devenahalli proudly launched its Akash Centre for Advanced Simulation - a cutting-edge skill learning hub equipped with state-of-the-art technology and advanced mannequins.

Dr. M.K. Ramesh, the honorable Vice Chancellor of Rajiv Gandhi University of Health Sciences, graced the occasion as the chief guest. Our institute's management, including Sree Muniraju K, Pushpa Muniraju, Amar Gowda, Dr. Naresh Shetty, Dr. Shiva Prakash, and Dr. Brijesh MS, inaugurated the center.

This facility aims to bridge the gap between theory and practice, providing our medical students with essential skills through innovative technology, ensuring their readiness for clinical activities.



INAUGURATION OF AKASH SUPER SPECIALTY CENTRE



On 01/02/2024, Akash Hospital proudly inaugurated its brand new Executive Wellness Centre and Super Specialty Centre, a cutting-edge hospitality wing located within the premises. This wellness center is dedicated to offering world-class healthcare services to both Indian and international patients.

This significant milestone brings us closer to our goal of providing top-tier healthcare and medical tourism at Akash Hospital in Devanahalli, Bangalore. The inauguration ceremony was graced by esteemed guests, including our institute's Chairmen Sree Muniraju K and Chairperson Pushpa Muniraju, Vice Chairmen Amar Gowda, CEO Dr. Naresh Shetty, Dean & Principal Dr. Shiva Prakash, Dr. Brijesh MS, and Clinical HODs.

CONFERENCES

IAPSM STAR PERFORMER AWARD



Our college Professor and HOD, Dr. Sunil Kumar, received the "IAPSM STAR PERFORMER AWARD" for the IAPSM Karnataka Chapter. IAPSM (Indian Association of Preventive and Social Medicine) is a national association for Preventive and Social Medicine/Community Medicine/Public Health. This award is given to State Chapters for Exemplary Performance and Outstanding Contribution in the field of Preventive and Social Medicine for the year 2023.

As the Secretary of the IAPSM Karnataka State Chapter, this award was received along with President Dr. Poonam Naik, Vice President Dr. Animesh Jain, Ex Officio Dr. Anna Rao Kulkarni, Advisor Dr. Hemagiri, and other office bearers at the 'IAPSM National Conference IAPSMCON 24' at KMC, Mangalore on February 10th, 2024.

IAPSM National President Dr. A.M. Khadri, National Secretary Dr. Purushottam Giri, Immediate Past President IAPSM Dr. Harivansh Chopra, Dr. M.K. Sudharshan, Dean KMC Dr. Unnikrishan were the Chief Guests of the occasion.



CONFERENCES

DEBUNKING MYTHS IN MEDICINE CONFERENCE



We are pleased to announce that the Post Graduates from the **Department of General Medicine** at Akash Institute of Medical Sciences & Research Centre participated in the "Debunking Myths in Medicine" conference held at Sri Madhusudhan Sai Institute of Medical Sciences, Muddenahalli, on 03/02/2024.

Dr. Veeresh and Dr. Shravya showcased their expertise by securing the second prize in the quiz show. Congratulations to them for their outstanding performance!

diversity??



CONFERENCES

ANNUAL NATIONAL PEDICON 2024 CONFERENCE

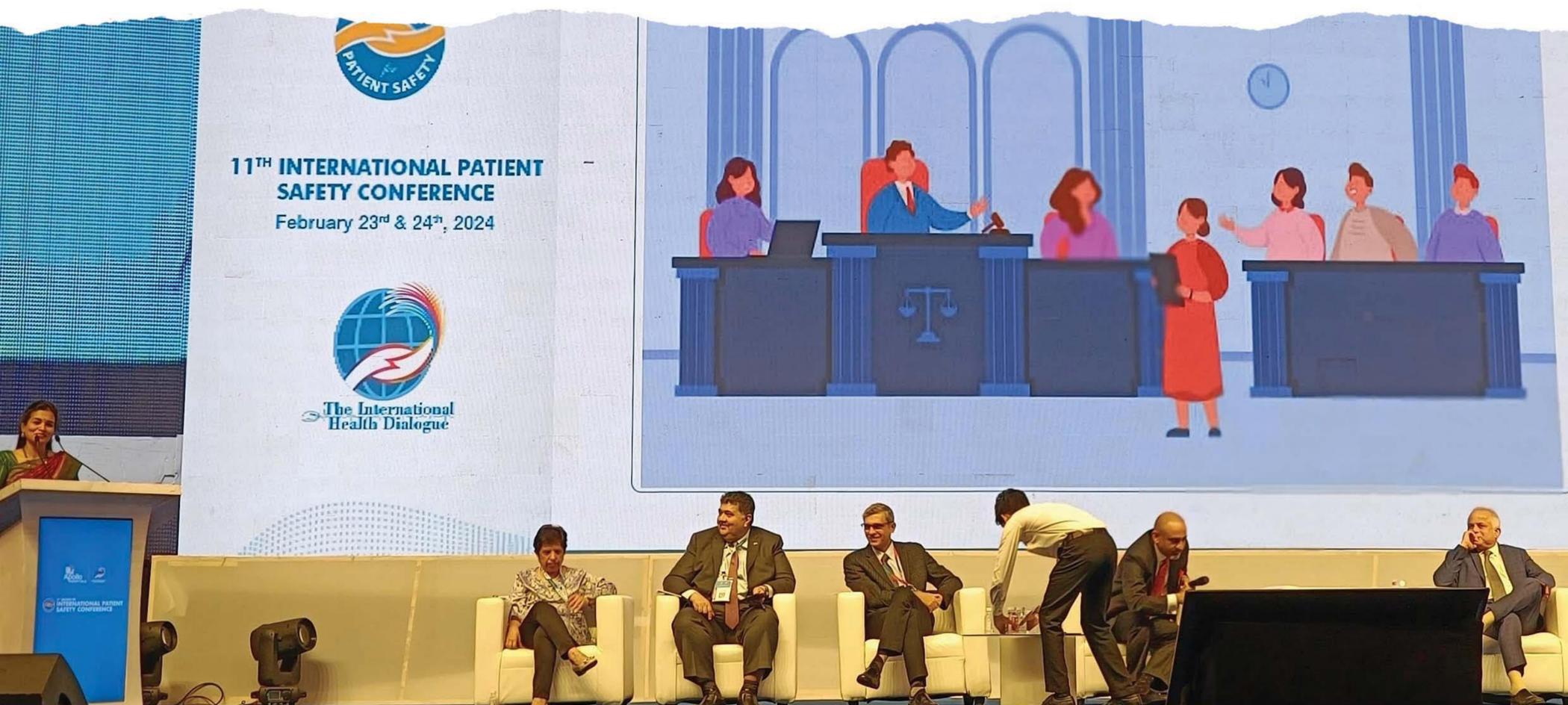


Happy to inform that the IAP Bangalore District team of 2023, under the presidency of Prof. Dr. S. M. Prasad, with Dr. N. K. Chidananda as Secretary and Dr. M. L. Harilal Naik as Treasurer, has been awarded a total of 7 prizes at the Inaugural function of the Indian Academy of Pediatrics' Annual National Pedicon 2024 conference in Cochin, held from January 24th to 28th, 2024. These include 3 first prizes, 2 second prizes, and 2 third prizes. Thank you all for your involvement and participation in activities throughout the entire year of 2023.

ORIENTED PROGRAM PGEXCEL FOR DEPT OF ANESTHESIA

Big day for the Anesthesia Department! Our outgoing 8 PG students participated in the prestigious State Level PG Exam-oriented program, PGEXCEL, at Nijalingappa Institute of Medical Sciences in Bagalkot. They made us and Akash proud by securing both FIRST and THIRD prizes.





11TH INTERNATIONAL PATIENT SAFETY CONFERENCE-2024 BY APOLLO HOSPITAL



The 11th International Patient Safety Conference, organized by Apollo Hospital, is a not-for-profit initiative aimed at exploring the theme "Future of Patient Safety."

This edition of IPSC will delve into how technologies can revolutionize healthcare, enhance patient safety, and improve quality. It will also address the future of healthcare, along with the challenges and opportunities it presents.

Key focuses of the conference include:

- Defining a strategy for patient safety improvement.
- Imparting technical knowledge in various patient safety areas.

This conference serves as an international platform for presenting plenaries on healthcare and IT, facilitating the exchange of ideas and knowledge dissemination. Our college's CEO, Dr. Naresh Shetty, Clinical Administrator Dr. Swati, Head of Central Laboratory Dr. Rashmi, Pharmacy Manager Mr. Santosh, and their team will be attending this prestigious conference.

DEPARTMENT FOCUS

DEPARTMENT OF OBSTETRICS AND GYNAECOLOGY



At AKASH Hospital's Department of Obstetrics and Gynecology, we strongly believe that giving birth to a newborn is an exciting experience that can also be overwhelming. The department has been successfully delivering healthy babies into the hands of delighted parents over the years. We offer various treatments in obstetric sub-specialities and training in high-risk pregnancy management, laparoscopy, hysteroscopy, gynecological cases, maternal and fetal medicine, reproductive medicine, oncology, and handling high-risk critical cases.

TEAM OBG:

Dr. Kala K: HOD Professor, Department of Obstetrics and Gynecology
Dr. Anusuya: Professor
Dr. Mafrid
Dr. Ramya
Dr. Rashmi
Dr. Pushpalatha
Dr. Sindhu

Dr. Nataraj
Dr. Nagaveni
Dr. Mounika
Dr. Maneesha

PG'S and nursing staff

INTERESTING CASE- 1

MAMMOTH MASS: A SURGICAL CHALLENGE

Chief complaints :

A 32-year-old lady, with no prior conception, presented with complaints of heavy menstrual bleeding gradually progressing over one year, associated with passage of clots and dysmenorrhea which was absent prior to the present year. Moreover, the patient noticed a painless mass per abdomen, insidious and gradually growing over the past six months, presenting as a gravid womb, with a history of significant weight loss over the year. The patient had a significant past history of undergoing an abdominal myomectomy, removing approximately 2kg uterine fibroid ten years ago, and was corrected for anemia post-surgery. There is also a family history of the mother undergoing hysterectomy at 30 years of age. This insidious onset of a growing mass per abdomen with a history of sudden weight loss warrants attention.

On confirmation of examination findings, a firm abdomino-pelvic mass arising from the pelvis corresponding to a 36-week gestation gravid uterine size was confirmed.



The USG abdomen-pelvis showed a bulky uterus with evidence of a large abdominal-pelvic heterogeneous multi-lobulated solid lesion likely arising from the anterior wall of the uterus, measuring 29 x 10.4 x 17cm in size. The lesion is seen extending superiorly till the epigastrium with evidence of internal and peripheral vascularity, with the posterior myometrium well-preserved and endometrial thickness measuring 7.4mm. This confirms a diagnosis of a mammoth-sized fibroid uterus comprising multiple fibroids.

Laboratory findings of optimum hematocrit levels, normal liver function and renal function tests, and slightly deranged coagulation profile led to the following treatment modalities based on the patient's age, severity of symptoms, desire for future fertility, size of the fibroids, significant past history, and patient's preference:

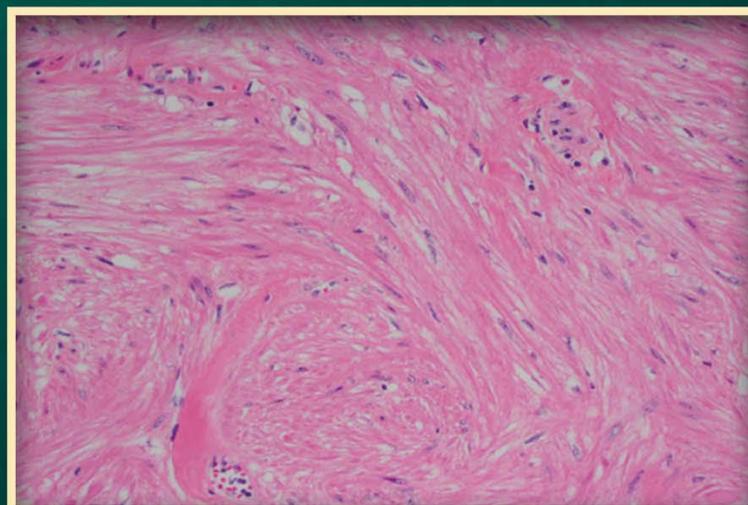
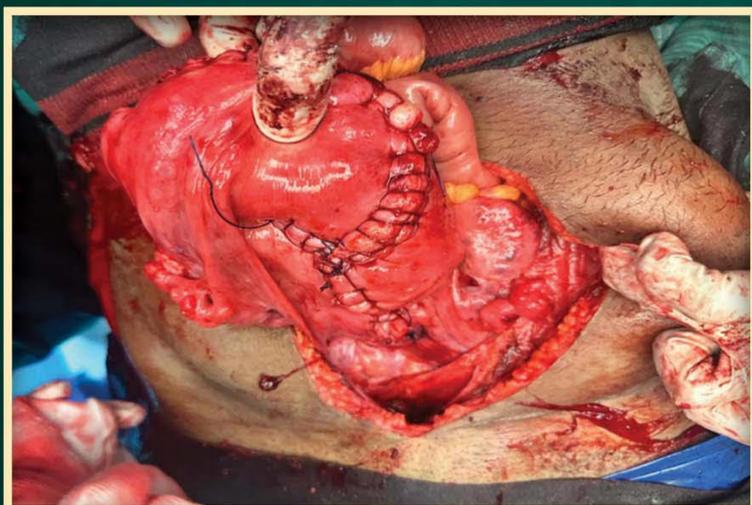
- Medical management with two doses of INJ Leuprolide three months apart was advised.
- Surgical management included myomectomy or hysterectomy.



The patient was followed up after three months and planned for surgical management with myomectomy, considering the patient's young age, symptoms, desire to retain menstrual function and fertility. Surgical challenges expected included a large uterine fibroid, adhesion, massive hemorrhage, distorted uterine anatomy, uterine reconstruction, need for hysterectomy, trauma to bladder, ureter, and bowel, and recurrence of fibroid and persistence of symptoms.

Adequate precautions were taken preoperatively, as the patient had taken oral iron supplements for 3 months and additionally received preoperative GnRH to decrease the size and vascularity of the fibroid.

The patient underwent ABDOMINAL MYOMECTOMY with multiple fibroids, approximately 25 different sizes of myomas were resected and removed, weighing around 3.2kg with THE LARGEST MEASURING 15 X 10 CM, with a total blood loss approximating two litres. Intraoperatively, blood loss was controlled by applying hemostat tourniquets through the broad ligament, and adequate blood transfusions were done intraoperative and postoperative period.



****Postoperative period**** was uneventful, with the histopathology report suggestive of features consistent with "Multiple leiomyoma".

Postoperatively, the patient received 2 doses of Gonadotrophin-releasing hormones one month apart. She was advised to plan for conception after 4-6 months following myomectomy for better restoration of anatomy and wound healing. An elective cesarean section was planned on conception at 37 completed weeks of pregnancy due to the breach of the endometrial cavity during the procedure.

INTERESTING CASE- 2

CASE REPORT: A STORY OF MY-OMA TO MY-BOMMA

Name : Mrs Pijaninamma
Age : 29 years
Address : Aklemellenahalli , Devanahalli



Hereby presenting an interesting case of a patient who presented in December 2023 with a married life of 3 years, complaining of pain abdomen and severe dysmenorrhea, and was anxious to conceive, in Akash Hospital. After examination and evaluation, she was found to have a mass of 6 x 6 cm with features consistent with a right lateral wall uterine fibroid with mild lateral deviation of the right pelvic ureter.

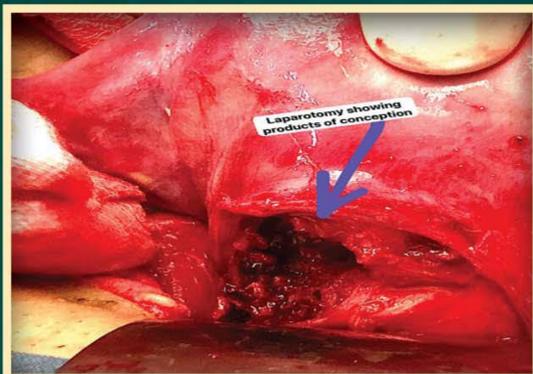
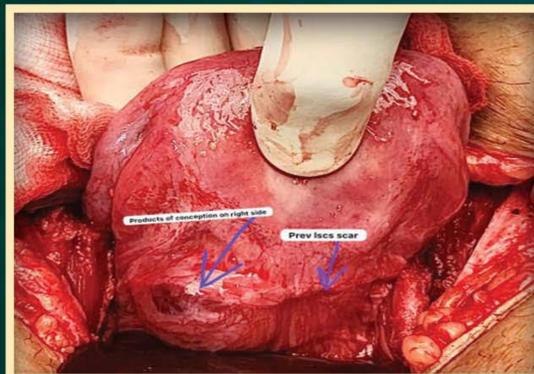
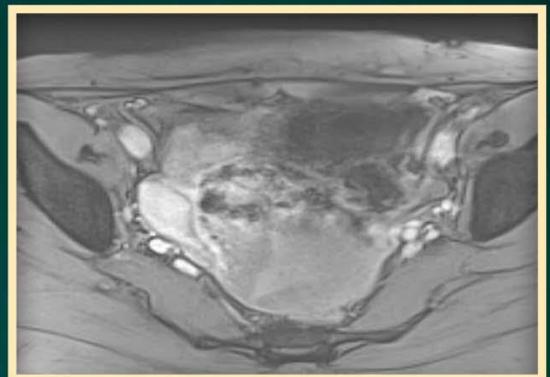
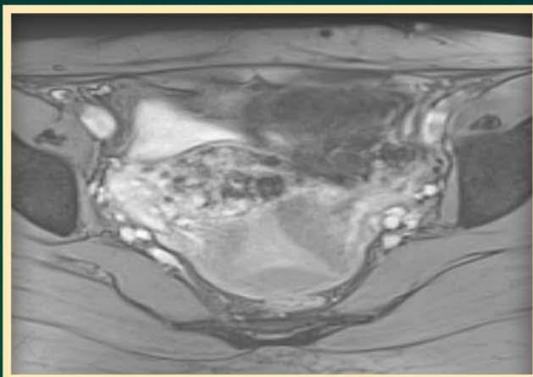
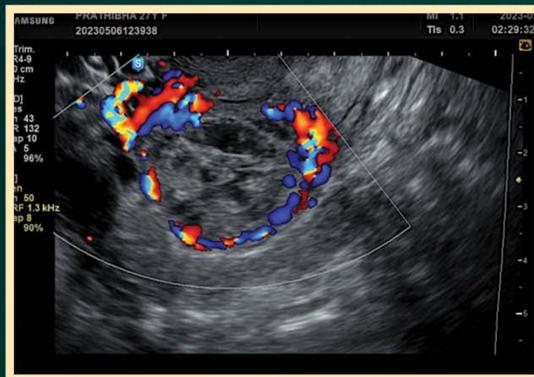
The patient underwent abdominal myomectomy (removal of the fibroid mass) successfully on 05/12/2022, was put on GnRH analogs for the following 3 months, and was advised to conceive thereafter. In May 2023, the patient tested positive for a pregnancy test following two months of amenorrhea. She was followed up until term and underwent a successful cesarean section post-myomectomy surgery and delivered a term baby in Akash Hospital. Hence, thereby adding another feather to the cap of the Department of Obstetrics and Gynecology, offering a successful delivery post-removal of fibroid, thereby impacting women through challenges of infertility.



INTERESTING CASE- 3

Case Report: The Scare of the scar

Name : Pratibha | Age : 27 Years | Address: Devanahalli



Hereby presenting a case report of a 27-year-old multigravida woman with a previous 1 LSCS done 2 years back due to fetal distress, presenting with ?11 weeks gestation by date (?wrong dates) with bleeding per vagina associated with clots since two weeks in our hospital's emergency department. The patient had a history of taking MTP pills (OTC) 5 days ago and had bleeding per vagina. On examination, she was vitally stable, with tenderness in the lower abdomen on per abdominal examination, and a bulky uterus with cervical os admitting tip of finger with clots present on per vaginal examination. Ultrasound revealed thickened endometrium 22mm. Dilatation and evacuation was done, and post that, a scan was done to confirm retained products of conception, which revealed no products of conception but a mass of 2.2cm suggestive of fibroid and advised for review scan for better characterization of the mass.

Three weeks post-evacuation, the patient again presented with pain abdomen, bleeding per vagina, and passage of clots on and off. Vitals were stable. Urine pregnancy test was faintly positive, hence beta hcg was done and found to be 4140 mIU/ml. Repeat USG suggested a 4cm heterogeneous lesion at utero cervical junction anteriorly with regular cystic areas with significant peripheral vascularity suggestive of ectopic pregnancy/ RPOC/hemorrhagic degeneration of fibroid. The patient was advised for MRI, which was done, consequently suggesting Heterogeneous signal intensity lesion with evidence of blood products at the site of cesarean section scar – to consider scar ectopic pregnancy. The patient underwent hysterolaparoscopy.



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Hysteroscopic finding revealed a rent defect measuring ~ 3 x 4 cm on the right anterolateral wall approximately near the scar area, and few products of conception were removed under hysteroscopic guidance, but complete evacuation was not achieved. Hence the procedure was converted to laparotomy. After opening the abdominal cavity, an unruptured scar ectopic measuring ~ 3 x 4 cm was noted more towards the right side on the previous scar. Intramyometrial vasopressin was injected, the scar was excised, and products of conception were scooped out completely followed by re-suturing of the remnant uterine wall. The patient was stabilized post-operative period. Products of conception were sent for HPE and were suggestive of products of conception.

Thereby acknowledging the collective team effort of the department of obstetrics and gynecology, radiology, and anesthesiology for timely intervention and prompt diagnosis which immensely steered the patient out of a life-threatening complication of scar ectopic rupture.

HEALTH SCREENING FOR SCHOOL CHILDREN AT AKASH INTERNATIONAL SCHOOL



At Akash International School, we believe in our students having a healthy mind in a healthy body. Therefore, we organized a full-body health screening for our beloved school's 604 students at Akash Hospital. Students were checked for various health risks by the dental, ENT, ophthalmology, and dermatology departments, and were advised on the best practices to maintain good health.





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CPR PROGRAM AT AKASH INTERNATIONAL SCHOOL ON 28/02/2024



An awareness CPR program was conducted at Akash International School on 28/02/2024. The Simulation Lab hosted a crucial workshop enlightening students from Grade 8 to 12 on Basic Life Saving Skills, particularly CPR. Professionals guided participants through hands-on experiences, imparting practical knowledge on responding to cardiac arrests. The workshop emphasized swift and effective measures, ensuring students gained invaluable insights into real-life emergencies. This experiential learning not only equipped them with essential life-saving techniques but also fostered a sense of preparedness, empowering students to confidently assist those in distress. The event played a pivotal role in promoting a culture of safety and responsiveness among the student community.



FACULTY SENSITIZATION PROGRAM IN AKASH CENTRE FOR ADVANCED SIMULATION

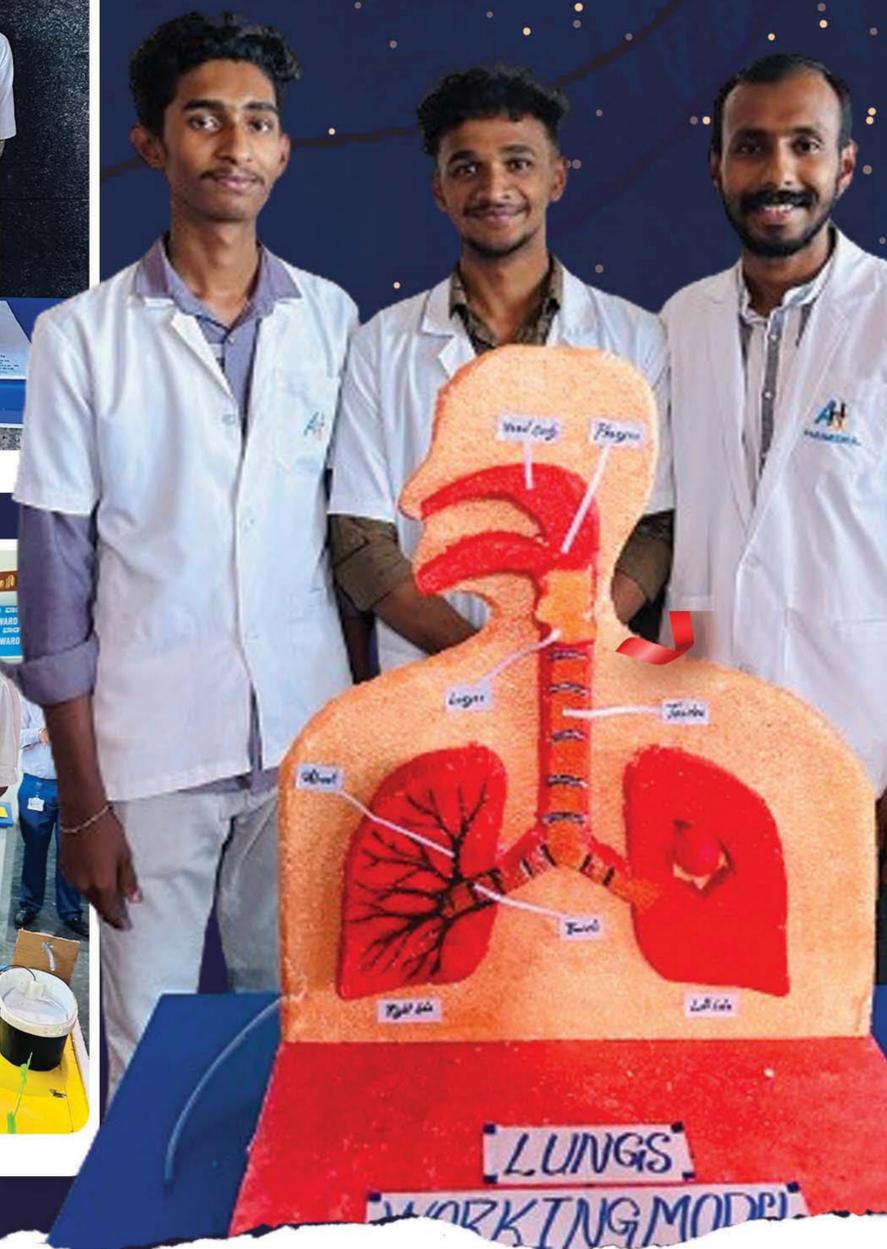


Faculties belonging to Akash Institute of Medical Sciences and Research Centre, Akash institute of Physiotherapy, Akash institute of Allied Health Sciences and Akash Institute of Nursing underwent two days program to learn handling of mannequins, assessment of students pertaining to the skills and preparation of checklists for objective structured clinical examination. A total of 19 participants were divided into three batches. On 5-03-2024 all participants underwent high performance CPR module, different routes of drug administration, Urinary catheterization and breast examination.

On 6-03-2024 all participants underwent stages of labour, Postpartum hemorrhage module and pediatric life support. Mr. Ravi Shankar and Mr. Arun Raj were resource persons for the program.

AKASH INSTITUTE OF PARAMEDICAL SCIENCES

SCIENCE EXPO- 2024



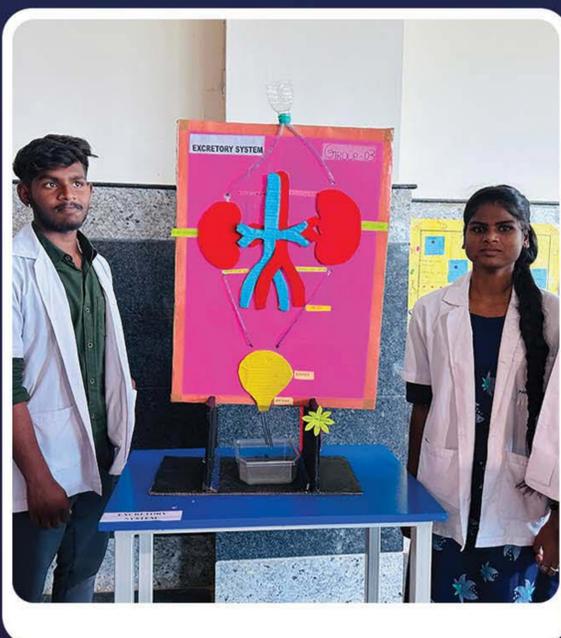
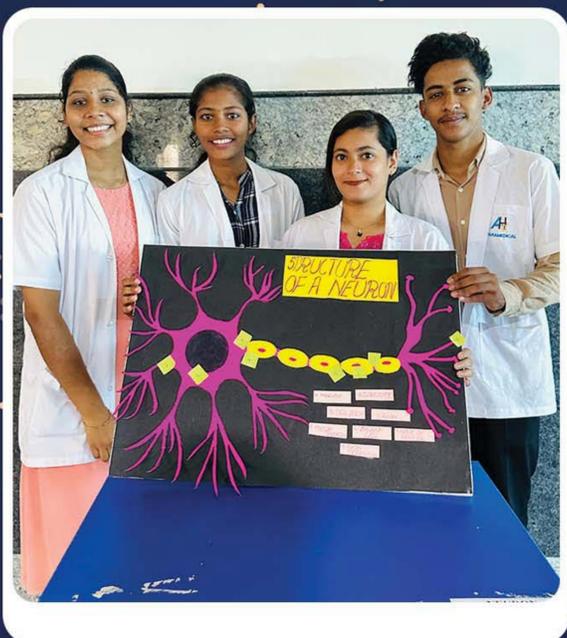
DATE: 28 FEB 2024

National Science Day was observed by 1st Year Paramedical students at Akash Institute of Paramedical Sciences on 28th February 2024. The event organized on account of National Science Day for the Member Forum was led by Mr. Udhaya Kumar, Academic Coordinator of Paramedical Sciences, Mr. Mahesh Kumar, Mrs. Blessy.D, and Mrs. Asifa Sultana (Lecturers of Paramedical Sciences). The Science Exhibit area was inaugurated by the Principal of Paramedical Sciences, Prof. Chaitra. K.R, accompanied by Dr. Roopa Lokesh, Principal of Physiotherapy.

Our respected Vice Chairman Mr. Amar Gowda Sir, Dr. Akruthi Mam, and CEO Dr. Naresh Shetty Sir presided over the event and encouraged the students. The theme of the Expo was "SCIENCE AND DAILY LIFE". 60 students from 1st YEAR Paramedical Sciences participated in Science Expo-2024, who were divided into 15 groups and were assigned to prepare models and posters related to Physics, Chemistry, and Biology with different concepts.

Students' skills and hard work were recognized and appreciated by the dignitaries who visited the expo. It spread a message about the importance of science used in the daily life of the people and displayed all the activities, efforts, and achievements in the field of science for human welfare.

AKASH INSTITUTE OF PARAMEDICAL SCIENCES SCIENCE EXPO- 2024



LIST OF MODELS PREPARED:

PHYSICS	CHEMISTRY	BIOLOGY
NEWTON'S LAW	WATER CYCLE	EXCRETORY SYSTEM
TYPES OF MOTION	PERIODIC TABLE	NEURON
FREE ENERGY WITH MAGNET AND DC MOTION	WATER DISTILLATION	WORKING MODEL OF LUNGS
GEO SATELLITE WORKING MODEL IN SOLAR SYSTEM	SEWAGE WATER TREATMENT PLAN	HUMAN BODY AND ORGAN SYSTEM
PARALLEL SERIES	ACID RAIN	MECHANISM OF HUMAN HEART

MICRO STORY TELLING COMPETITION FOR MBBS STUDENTS

Ms. Pavani Vunnam, Ms. Meghana, and Ms. Sethanjani Bijjam, first-year MBBS students, Batch 2023 from the Department of Biochemistry at Akash Institute of Medical Sciences and Research Centre, clinched the top spot in the micro-storytelling competition for the batch of 2023. Their winning entry on the theme "Risk Factors for Type 2 Diabetes Mellitus" earned them a cash prize of Rs 5000. The competition, aimed at enhancing awareness about "Risk factors for Type 2 Diabetes Mellitus" among first-year MBBS students through innovative storytelling, was organized by the Department of Biochemistry, Chandramma Dayananda Sagar Institute of Medical Education & Research.

DIABETES –A LIFE STYLE DISEASE

FIGHTING THE WAY OUT



RIYA [Pavani]– VICTIM
MAGGIE [Meghana] – BAD INFLUENCER
DR.SARA [Sethanjani] – COUNSELLOR

PRESENTED BY

Miss Unnam Venkata Pavani
Miss Sethanjani Bijjam
Miss Meghana S

MODERATOR

Dr. Wilma Delphine Silvia CR
Professor & HOD, department of
Biochemistry

FROM

AKASH INSTITUTE OF MEDICAL
SCIENCES AND RESEARCH CENTRE,
BANGALORE



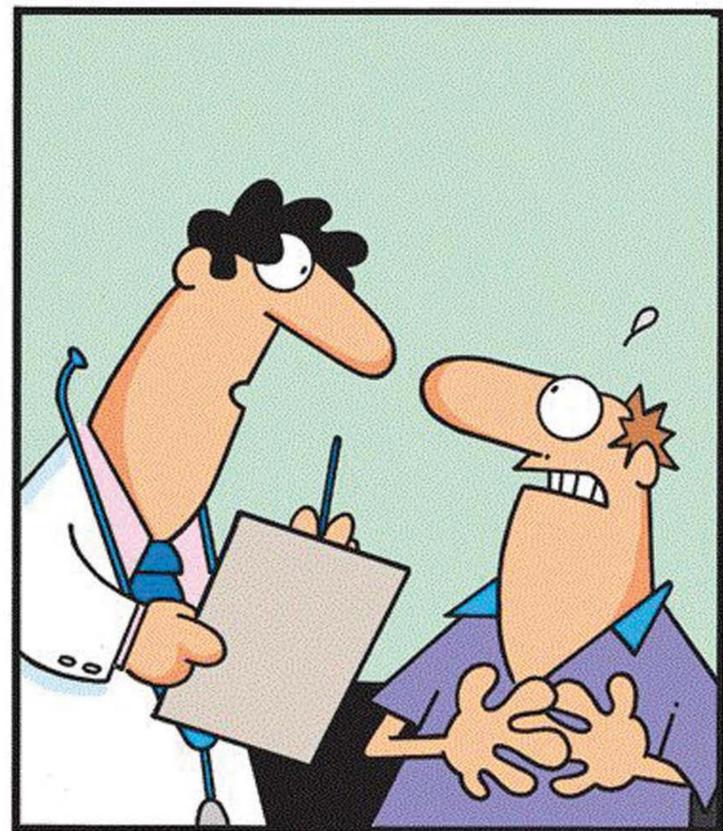


DIAGNOSIS

WHAT ARE THIS
SKIN LESIONS ?



**Laughter is the
best Medicine**



**"It's normal for a man your age to
have chest pains when he drips hot,
melted pizza cheese on his shirt."**



CONGRATULATIONS DR. LAVANYA

Dr. Lavanya, the first postgraduate of Akash Institute of Medical Sciences and Research Centre, has passed the MD Community Medicine examinations held in January 2024.
Congratulations, Dr. Lavanya.



DR. LAVANYA
DEPARTMENT OF COMMUNITY MEDICINE

**CONGRATULATIONS TO OUR FACULTY MEMBER
ON THEIR PROMOTION**



**DR.UDAYA BHANU
PROFESSOR
DEPARTMENT OF ENT**

**AKASH INSTITUTE OF MEDICAL SCIENCES & RESEARCH CENTRE,
AKASH HOSPITAL**

We Thank for their invaluable contributions to the institution
We wish them good health & happiness.

Dr. Shubha Praveen
Department of Pharmacology

Dr. Rahul Shetty
Plastic Surgeon

Dr. Rupa Iyengar
Department of OBG

GENERAL HEALTH CAMPS



Place of Camp : Kuntanahalli Doddabalapura
Date of Camp : 05/01/2024



Dept Camp : Shidlaghatta Camp
Date of Camp : 07/01/2024



Dept Camp : Vijipura Town Superspecialty Camp
Date of Camp : 07/01/2024

GENERAL HEALTH CAMPS



Place of Camp : Nandagudi Mega Camp
Date of Camp : 10/01/2024



Dept Camp : Nallur PHC Dharpan Camp
Date of Camp : 18/01/2024

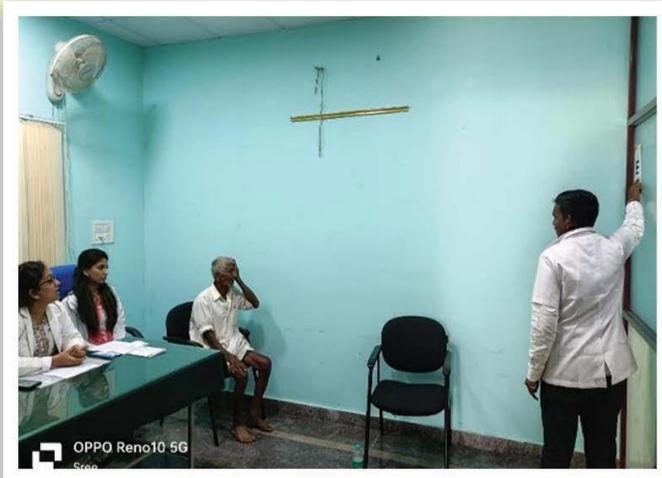


Dept Camp : G-Muddenahalli Camp
Date of Camp : 18/01/2024

GENERAL HEALTH CAMPS



Place of Camp : Doddaballapura Mega Camp
Date of Camp : 21/01/2024



Dept Camp : Sasllu Panchayath Camp
Date of Camp : 28/01/2024



Dept Camp : Huduguru Camp, Gowribidanur taluk
Date of Camp : 04/02/2024

GENERAL HEALTH CAMPS



Place of Camp : UHTC Vijipura Camp ANCs Screening
Date of Camp : 06/02/2024



Dept Camp : G-Muddenahalli DHARPAN Camp
Date of Camp : 06/02/2024



Dept Camp : In-House Blood Donation Camp
Date of Camp : 07/02/2024

GENERAL HEALTH CAMPS



Place of Camp : PHC budigere Camp
Date of Camp : 07/02/2024



Dept Camp : Paediatrics Department Immunization Camp
Date of Camp : 08/02/2024



Dept Camp : Chintamani Taluk Camp
Date of Camp : 11/02/2024

GENERAL HEALTH CAMPS



Place of Camp : Gowribidanur Mega Camp
Date of Camp : 18/02/2024



Dept Camp : YAGAVAKOTE Camp
Date of Camp : 21/02/2024



Dept Camp : OBG Department ANC's Camp
Date of Camp : 27/02/2024