



**AIMS&RC**  
AKASH INSTITUTE OF MEDICAL SCIENCES  
AND RESEARCH CENTRE



# AKASHVANI

THE OFFICIAL NEWSLETTER OF AIMSRC

APRIL , MAY, JUNE -2025

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Akash Hospital Ranked 8<sup>th</sup>  
By Times Group Health Survey 2023-24





**India is striving to achieve new heights in health.** India received **WHO certification for the elimination of Trachoma** in the country this year after WHO had declared India to be **Trachoma-free in October 2024**. Through **sustained efforts in hygiene promotion, access to clean water, improved sanitation, and targeted antibiotic treatment**, India successfully eliminated it as a public health problem. With this **major public health achievement**, India becomes **one of the 19 countries to be free from Trachoma**.

**Antimicrobial resistance is at an all-time high** and to combat this, the **Government of India has added new restrictions for the sale of antibiotics**. The government has now **banned the sale of any antibiotics without a valid prescription** from a **registered medical practitioner**.

**Yashasvini Health Insurance Scheme**, launched in **2003**, is set to undergo a **major overhaul**. A **committee of experts** has recommended **revision in procedure rates by up to 50% for some high-end treatments**. This initiative has been planned to **increase the number of private hospitals** from the existing **782 hospitals** which are empanelled **under the scheme**.

**Akash Institute of Medical Sciences is striving to achieve greater academic heights**. With an objective to **increase the number of undergraduate seats from 150 to 250**, the institution underwent an **NMC inspection recently**. The **inspection went smoothly** and they are **expecting positive results** of the inspection soon.

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# 4TH GRADUATION CEREMONY – MBBS BATCH 2019–20 & POSTGRADUATE BATCH 2021–22

Congratulations to the MBBS Graduating Class of 2019–20 and the Postgraduate Batch of 2021–22!

As you step into the world of healing, may your journey be filled with **purpose, gratitude, and boundless hope.**

We wish you continued dedication, resilience, and passion as you go on to achieve remarkable milestones in your medical career.

From **students to skilled professionals**, your transformation within the portals of **Akash Institute of Medical Sciences and Research Centre** will always be **remembered and cherished.**

We are honoured that this momentous occasion was graced by esteemed dignitaries: **Shri Sharan Prakash Patil, Hon'ble Minister for Medical Education,** and **Dr. Bhagwan, Hon'ble Vice Chancellor of RGUHS,** who **conferred upon you the degrees** you so rightly deserve.











## FIRST GRADUATION DAY CEREMONY FOR MBA & MCA

Akash Global College of Management and Science (AGCMS), a distinguished institution under the umbrella of the Akash Group of Institutions (AGI), achieved a significant milestone by hosting its **First Graduation Day Ceremony for MBA and MCA programs on April 10, 2025**. The grand event took place at the **AGI Auditorium** and was hosted under the gracious anchoring of **Prof. Khaleelulla S. A.**, Head, Department of English.

This solemn occasion witnessed the graduation of **172 students** who had successfully completed their postgraduate studies. Among them, **120 students** belonged to the **Master of Business Administration (MBA)** program and **52 students** to the **Master of Computer Applications (MCA)** program. The ceremony was a **momentous celebration** of academic achievement, institutional progress, and **student success**.

The event was graced by several eminent dignitaries and academic stalwarts. The **Chief Guest, Prof. Dr. Eresi**, former Professor, Chairman, and Director of Commerce and Foreign Languages, **Bangalore University**, delivered a powerful keynote address. He lauded the graduates and underlined the importance of their academic degrees in the broader context of **national development** and **employability**, reminding them of their **critical role in building the future of the country**.

Adding to the ceremony's significance, **Sri Amar Gowda, Vice Chairman of AGI**, addressed the audience and proudly announced that **over 70% of the graduating students had already secured placements**. He reaffirmed the institution's unwavering commitment to **professional development**, stating that **AGI's primary motto is to achieve 100% placement every academic year**. He assured the gathering that the management is fully committed to providing all the necessary infrastructure, support, and opportunities for students to thrive in their careers.







A highlight of the ceremony was the **annual report presentation** by **Dr. Channaveere Gowda B. N., Principal and Director of AGCMS**. He provided a detailed overview of the institution's progress, spotlighting major achievements in **academics, placements, sports, cultural activities, and research**. His address reflected the **dynamic growth and excellence** of the institution, reinforcing the **holistic educational vision of AGI**.

The event witnessed the presence of other distinguished dignitaries of AGI:

- **Sri. K Muniraju**, Chairman
- **Smt. Pushpa Muniraju**, Chairperson
- **Sri. Akash Muniraju**, Director

All dignitaries **congratulated the graduating students** and expressed their pride in the college's accomplishments.

The atmosphere was filled with **pride, joy, and hope as the graduates**, adorned in traditional **academic robes**, walked across the stage to receive their degrees. **Parents, faculty members, and fellow students** joined in the celebration, making it a truly memorable day for all.

This **First Graduation Day Ceremony** marked not just the conclusion of an academic journey but also the beginning of a **new phase** in the lives of **172 aspiring professionals**. With **heartfelt addresses, warm wishes, and a spirit of celebration**, the event was a true reflection of the values and vision upheld by Akash Group of Institutions.

The success of this **landmark occasion** sets a solid precedent for the years to come and **affirms AGI's status as a hub for academic excellence, student empowerment, and career readiness**.





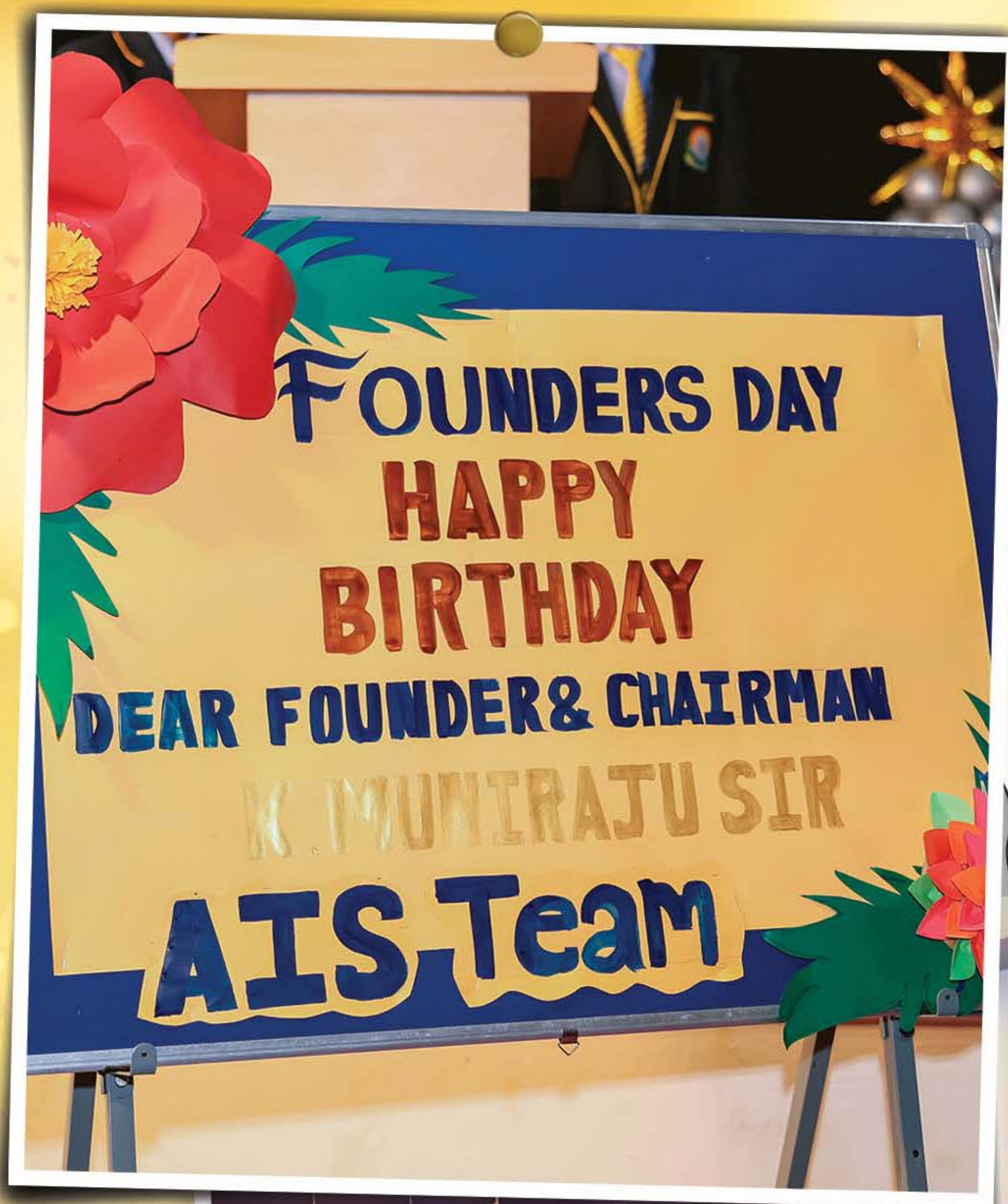
## FOUNDERS DAY

We celebrated **Founders Day** with great **fervor and joy** - a day made even more special as it marks the **birthday of our beloved Chairman, Shri Muniraju K.** For the past **16 years**, it has been our proud tradition to honour the **vision and legacy of our founding leaders** - transforming a **humble school into the esteemed Akash Group of Institutions (AGI)** it is today. The entire campus came alive with **heartfelt wishes** from students and staff, and the presence of **little children brought warmth and delight to the celebrations.**

On this **joyous occasion**, the **AGI family** extends **sincere wishes** to Chairman **Shri Muniraju K.** on his birthday, acknowledges the **inspiring presence of Chairperson Smt. Pushpa Muniraju**, and appreciates the **visionary leadership of Vice Chairman Shri Amar Gowda.** We wish them continued **good health, happiness, and ever-growing success** as they lead us toward a **brighter future.**









# INTERNATIONAL YOGA DAY



On the occasion of the **International Day of Yoga**, Akash Group of Institutions witnessed a vibrant gathering of **students, faculty, and staff**, all united by a shared commitment to **health, mindfulness, and inner peace**.

The event began with an atmosphere of **calm energy and collective enthusiasm**. Mats unrolled, hearts open, and minds centered, the participants followed a thoughtfully curated session led by **Ms. Hima Rao**, a seasoned yoga instructor known for her **holistic approach and calming presence**. Her guidance through **asanas, breathing techniques, and meditation** offered a **rejuvenating experience**, emphasizing the importance of integrating **yoga into our everyday routines** for improved **physical, emotional, and mental well-being**.

This celebration wasn't just about **physical postures**—it was a reminder of the values yoga instills: **discipline, harmony, and resilience**. The **overwhelming participation** reflected our community's growing awareness of the importance of **wellness practices**, especially in today's **fast-paced world**.

A **heartfelt thank you** to everyone who made this event a success—the **organizing team, volunteers, faculty, and our spirited students**. Your **commitment and enthusiasm** made this morning truly **meaningful**.





# GRAND INAUGURATION OF AKASH EYE CARE



The Grand Inauguration of Akash Eye Care was held on Thursday, 19th June 2025, at 10:30 AM at the Ophthalmology OPD, Akash Superspecialty Hospital.

This remarkable occasion was graced by our visionary Chairpersons, **Sri K. Muniraju** and **Smt. Pushpa**, whose continued leadership drives the **Akash Group** toward excellence in healthcare.

The launch of **Akash Eye Care** marks a **significant milestone** in our journey, expanding our commitment to deliver **advanced, specialized, and compassionate eye care**.

With the promise of “**Better Vision. Better Life.**”, we embark on a new chapter—**illuminating lives, one vision at a time**.

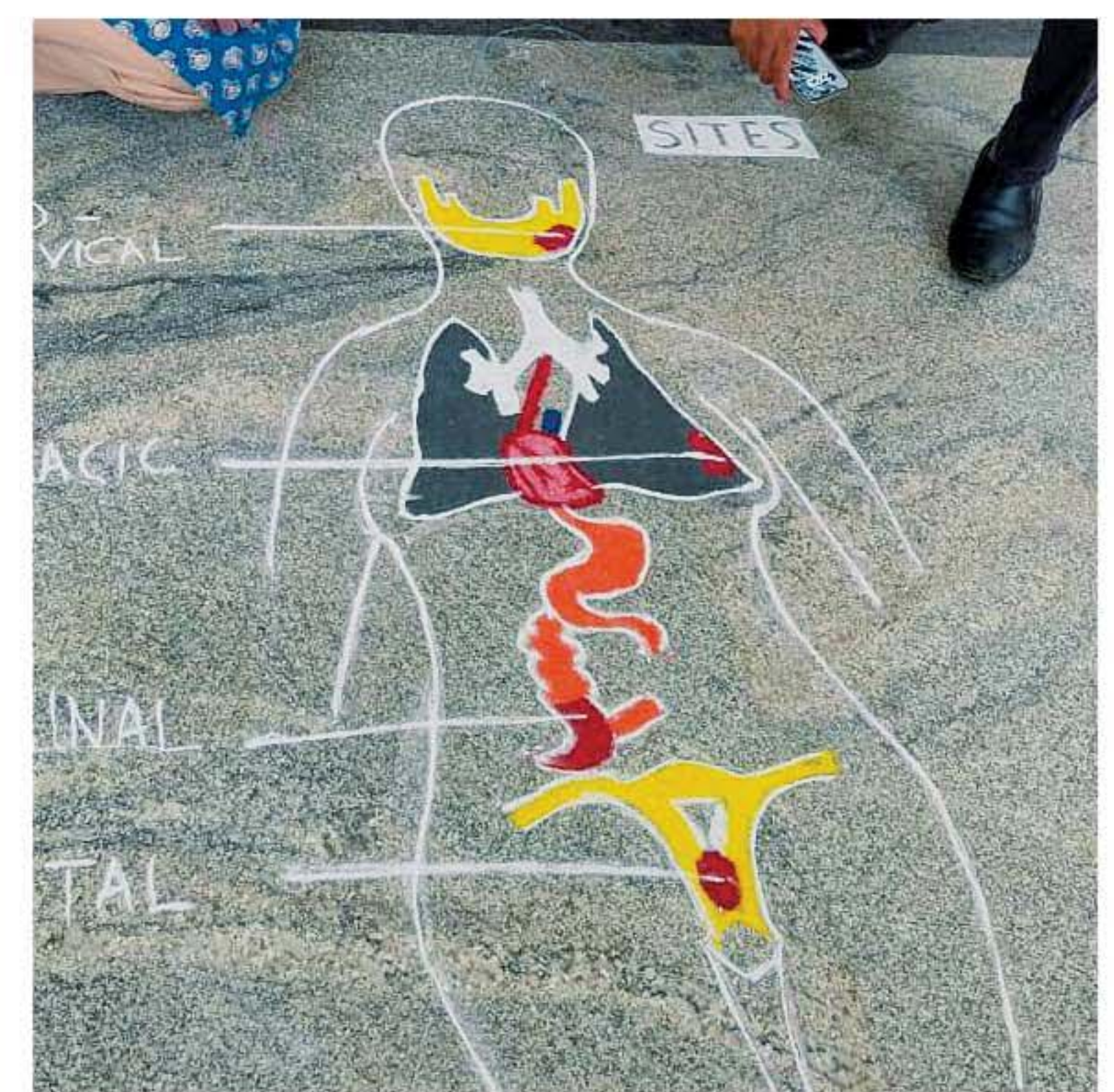




# NATIONAL PATHOLOGY DAY 2025



The Department of Pathology at AIMS & RC proudly organized National Pathology Day 2025 to commemorate the birth anniversary of Dr. V. R. Khanolkar, the pioneer of pathology in India. This celebration served as a meaningful platform to recognize the **vital contributions of pathologists** in enhancing **patient care**, driving medical research, and shaping the future of **medical education**. A highlight of the event was the **Path Art Competition**, which saw **enthusiastic participation from students** who showcased their creativity through innovative artworks that reflected the **essence of pathology**. The **exceptional artistic expressions and dedication of the participants** were truly commendable. **Winners** of the competition were **felicitated with certificates and mementos** as a token of appreciation for their efforts and talent.





# FIRE SAFETY AND EMERGENCY PREPAREDNESS PROGRAM AT AKASH HOSPITAL

The **Devanahalli Fire Engine staff**, in collaboration with **Akash Hospital**, successfully conducted a **comprehensive fire safety and emergency awareness program** aimed at strengthening the hospital's **overall safety culture**. The session was attended by the hospital's **security personnel, housekeeping staff, and medical team**.



The training focused on key aspects such as **emergency preparedness, rapid response strategies**, and adherence to **essential safety protocols** — all with a strong emphasis on **patient safety**. Participants engaged in practical **demonstrations** and **scenario-based drills** to ensure readiness in the event of a **fire or other emergencies**. Fire Engine District Officer **Mr. Santhosh** led the session and provided **valuable insights and awareness** on fire safety measures.





# HEALTH CAMP AND SURVEY INITIATIVE IN CHICKATUMKUR VILLAGE TO ADDRESS INDUSTRIAL IMPACT

A Health Camp and Survey was organized in Chickatumkur village on 22nd April 2025 by the District Administration, District Health Society, Zilla Panchayat, and the Department of Health and Family Welfare, Bengaluru Rural District, in collaboration with Akash Medical College and Akash Superspeciality Hospital.

This initiative was launched in response to health complaints from residents of villages in Doddaballapur district due to industrialization-related health issues. The program was conducted based on the directions of the Deputy Commissioner and CEO, Zilla Panchayat, Bangalore Rural.

The primary objective of the camp was to identify common health problems and raise awareness among the affected communities.

## SERVICES PROVIDED AT THE HEALTH CAMP

The health camp offered a range of services to address critical health concerns, including:

- **General Health Check-up:** Comprehensive evaluation of residents' overall health
- **Breast Cancer Screening:** Early identification of signs and symptoms
- **Cervical Cancer Screening:** Awareness and detection measures
- **NCD (Non-Communicable Disease) Screening:** Evaluation for diabetes, hypertension, and related conditions
- **Health Education on Nutrition:** Sessions aimed at pregnant women and mothers of children under five, conducted in coordination with the Department of Women and Child Welfare Development







## FOLLOW-UP ACTIVITIES

In parallel with the health camp, a **house-to-house survey** was conducted across four **neighbouring villages** to **identify prevalent health issues** linked to nearby **industrial activities**. This allowed for **targeted medical interventions** and long-term planning.

The **District Health Authorities** made all necessary arrangements, including the **distribution of free medicines**.

**Akash Hospital** contributed through **doctors, support staff, and awareness pamphlets**. The **Department of Community Medicine** took charge of the survey component-managing **survey planning, design, data analysis, and final report submission**.

The **survey will be conducted over a two-week period** to ensure comprehensive data collection and evaluation.





# WORLD LABORATORY DAY 2025 CELEBRATED WITH ACADEMIC SPIRIT AND INNOVATION AT AIAHS

The **Department of Medical Laboratory Technology at Akash Institute of Allied Health and Paramedical Sciences (AIAHS)** celebrated **World Laboratory Day** with great enthusiasm on **April 17, 2025**. The event aimed to **recognize the vital contributions** of laboratories and **laboratory professionals** in the healthcare system while also **promoting awareness among students about emerging technologies in laboratory sciences**.

The day was marked by a vibrant blend of **academic and cultural activities**, reflecting the **passion and commitment** of both students and faculty. Events included a **Model Making Competition, Poster Presentation, Seminar Presentations, E-Poster Competitions, and a Quiz**.

A special **Guest Lecture** was delivered by **Dr. Satyanarayan from BMCRI** on the topic **“Artificial Intelligence in Laboratory Services,”** offering insights into how technology is reshaping diagnostics and lab practices.

The event was graced by the **Heads of Departments of Pathology, Biochemistry, Microbiology, Central Lab, and Blood Bank**, whose addresses highlighted the **evolving nature of laboratory services** and emphasized the **crucial role of students** as future healthcare professionals.

A keynote speech was delivered by **Dr. Wilma Delphine Silvia, Head of the Department of Biochemistry**, emphasizing the **importance of World Laboratory Day** and the significance of laboratory sciences in modern medicine.

The celebration concluded with a **prize distribution ceremony** to recognize the **winners of various competitions** conducted throughout the day, celebrating academic excellence and creativity.









## AGI STAFF CRICKET LEAGUE 2025

The **AGI Legends Cricket League 2025** was an exhilarating cricket tournament held exclusively for the AGI staff. The event witnessed **outstanding participation, incredible teamwork, and true sportsmanship** throughout the matches.

Each game was filled with **thrilling moments**, showcasing the **passion, unity, and competitive spirit** among various departments.

**Champions: Budget Bouncers**

**Runners-up: Medical Marvels**

More than just a game, the tournament served as a platform to **foster camaraderie, encourage friendly competition**, and strengthen the **sense of community** within the organization.

A **special appreciation** goes out to our **management** for their **unwavering support and encouragement**, which played a key role in making this event a grand success.









## WORLD VITILIGO DAY OBSERVED WITH AWARENESS ACTIVITIES AT AIMS & RC



World Vitiligo Day was observed by the **Department of Dermatology at the Akash Institute of Medical Sciences** with a series of thoughtful and impactful activities.

A **poster-making competition** was conducted for **MBBS students**, encouraging them to **creatively depict the medical, psychological, and social aspects** of vitiligo. The **best entry** was **recognized and awarded** for its excellence in **design and messaging**.

In addition, the **postgraduate students** organized a **skit performance** in the **hospital lounge**, aimed at raising **public awareness** about vitiligo. The skit focused on the **importance of early diagnosis and treatment, dispelling common myths, and promoting social acceptance** of individuals living with the condition.

These initiatives contributed significantly to enhancing understanding and empathy towards those affected by vitiligo, reinforcing the department's commitment to **community education and awareness**.





## WORLD ENVIRONMENT DAY 2025 CELEBRATED WITH GREEN INITIATIVES AT AKASH INTERNATIONAL SCHOOL.



**World Environment Day** was celebrated on **June 5th, 2025**, at **Akash International School** with great enthusiasm and commitment to environmental awareness.

The event was led by **Chairperson Shri K. Muniraju** and **Chairperson Smt. Pushpa Muniraju**, and witnessed **active participation** from faculty and students.

A **tree plantation drive** was conducted on the **school campus**, promoting **environmental responsibility, sustainability, and community involvement**. The initiative aimed to inspire students to take meaningful steps toward a **greener future**.



## BASIC COURSE IN MEDICAL EDUCATION 2025: ADVANCING TEACHING EXCELLENCE AT AIMS&RC

The **Basic Course in Medical Education** was conducted at **Akash Institute of Medical Sciences and Research Centre** from **13th to 15th June, 2025** under the observation of **Dr. Suma, Professor, Department of Community Medicine, M.S. Ramaiah Medical College**. This **three-day workshop** was part of the **faculty development initiatives** recommended by the **National Medical Commission (NMC)**, aiming to **enhance teaching skills** and **educational strategies** of medical educators.

The sessions were meticulously **planned and facilitated** by the **Medical Education Unit (MEU)** team: **Dr. Vasudha Kulkarni, Dr. Kavita, Dr. Shanthi, Dr. Narayan, Dr. Suresh, Dr. Shivanand, Dr. Sreeja, Dr. Poornima, and Dr. Ranjita**.

**Faculty members from various departments** actively participated, engaging in **interactive sessions** covering key areas such as:

- **Competency-Based Medical Education (CBME)**
- **Adult learning principles**
- **Formulation of learning objectives**
- **Innovative teaching-learning methods**
- **Student assessment strategies**
- **Effective feedback techniques**
- **Educational technology integration**





# AKASH INSTITUTE OF MEDICAL SCIENCES & RESEARCH CENTRE



The course emphasized **hands-on learning** through **small group discussions**, **microteaching sessions**, **lesson planning exercises**, and **reflective learning activities**. These interactive components promoted **collaborative learning**, allowing faculty to **share insights** and build a **student-centered teaching culture** within the institution.

The **academic mentorship** and **observational guidance** of **Dr. Suma** significantly enriched the quality of the sessions, ensuring alignment with **national standards** and **best practices** in medical education.



The workshop concluded with a **valedictory session**, where **certificates were distributed**, and participants shared their positive feedback on the relevance and effectiveness of the training. Overall, the **Basic Course in Medical Education at AIMS & RC** was a **highly enriching experience**, reinforcing the importance of **continuous professional development** and equipping faculty with tools to deliver **high-quality medical education**.



## DR. ROOPA SECURES FIRST PLACE IN E-POSTER PRESENTATION AT CME



We are proud to share that **Dr. Roopa, 2nd-year Postgraduate** from the **Department of Pathology, Akash Institute of Medical Sciences and Research Centre (AIMS & RC)**, has secured **First Place** in the **E-Poster Presentation** at the **Continuing Medical Education (CME)** program held at **East Point Medical College** today.

Her achievement reflects her academic excellence and dedication to advancing knowledge in the field of pathology. Congratulations to Dr. Roopa for this well-deserved recognition!



## UG/INTERN PSYCHIATRY EXAMINATION – IPS-KC PRIZE EXAM 2025 SUCCESSFULLY CONDUCTED AT AIMS&RC



The **Department of Psychiatry, Akash Institute of Medical Sciences and Research Centre (AIMS & RC)**, successfully conducted the **UG/Intern Psychiatry Examination** as part of the **IPS-KC UG/Intern Prize Examination in Psychiatry** for the year **2025**. The examination took place on **06/06/2025**, from **4:00 PM to 5:30 PM** within the college premises.

A total of **eight final-year MBBS students** participated in the exam, showcasing their **knowledge, enthusiasm, and interest in Psychiatry**.



The event was effectively **organized by the Department of Psychiatry**, under the guidance of **Dr. Veena V, Assistant Professor**, with the dedicated support of **Junior Residents Dr. Aishwarya A and Dr. Jishnu Suresh**.

The department extends its **appreciation to all faculty and students involved** for their efforts in ensuring the **smooth and successful conduct** of the examination.





## WORLD HAND HYGIENE DAY – MAY 5TH, 2025

### “SHAKE A LEG FOR HAND HYGIENE”

To commemorate **World Hand Hygiene Day** on **May 5th, 2025**, the **Department of Microbiology**, under the guidance of our ever-supportive Principal **Dr. Shivaprakash N.C.**, organized an engaging event titled **“Shake a Leg for Hand Hygiene”** on **May 8th, 2025**.

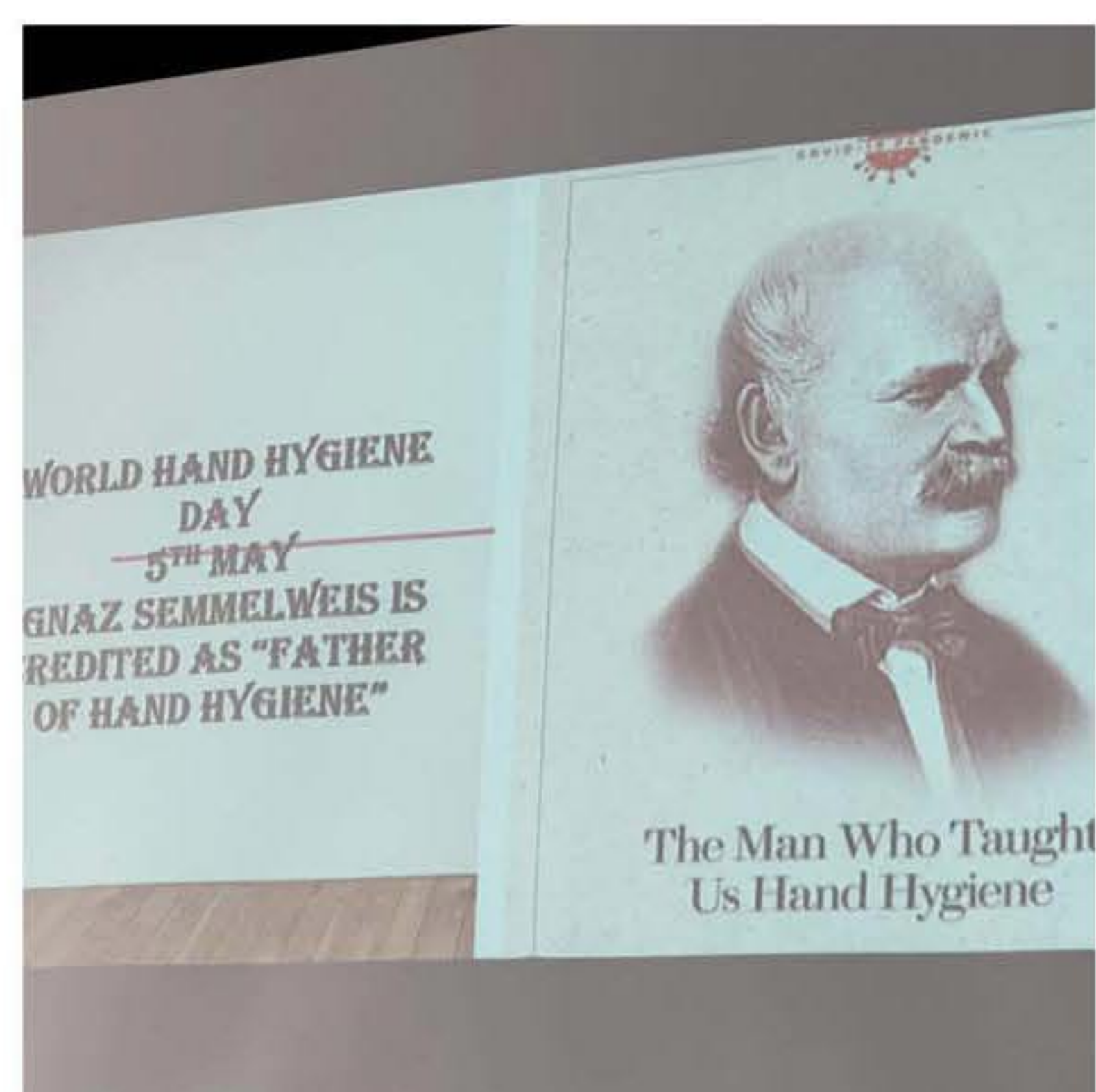
Understanding the crucial role of hand hygiene in a hospital setting, the event aimed to reinforce proper handwashing techniques in a fun and memorable way. A **group dance competition** was conducted where students were divided into teams and performed dances and skits incorporating the **six steps of handwashing**. This creative approach ensured enthusiastic participation and effective learning.

Additionally, a **short film on hand hygiene** was showcased, featuring **Dr. Sreeja S.**, Professor, Department of Microbiology. The film was **directed and edited by Dhruv and team**, 4th-year MBBS students, adding a special student-driven touch to the celebration.

The event successfully combined **education with entertainment**, making hand hygiene an unforgettable lesson for all participants.









# INTERNATIONAL NURSES DAY CELEBRATION – MAY 12, 2025, AKASH HOSPITAL

Akash Hospital joyfully celebrated **International Nurses Day** on **May 12, 2025**, to honor the unwavering dedication and compassionate service of our nursing professionals.

The event was organized by the **Department of Nursing** with active participation from **students, faculty, and staff**. The celebration was graced by our esteemed **Principal, Mr. Priyatham Gowda**, and **Ms. Joycy**, who addressed the gathering with heartfelt appreciation for the vital role nurses play in patient care. They encouraged the nursing students and faculty to continue their service with dedication, empathy, and professionalism.

The event featured **cultural performances by students**, **inspiring speeches by faculty**, and a **felicitation ceremony** to recognize the valuable contributions of the nursing staff.

It was a memorable occasion that celebrated the spirit of nursing and inspired all present to carry forward the legacy of care and compassion.









## D'25 – DIALYSIS & BEYOND-CME



**D'25 – Dialysis & Beyond**, a highly anticipated **one-day Continuing Medical Education (CME)** program, was organized by the **Faculty of Allied Health Sciences** on **26th June 2025**, from **9:30 AM to 4:30 PM**. The event featured a series of **insightful sessions** led by **distinguished speakers** from various departments and witnessed enthusiastic participation from **renal dialysis students and faculty members**.







The **inaugural ceremony** was graced by **Dr. Naresh Shetty**, CEO of Akash Hospital, **Dr. Ravishankar S. N.**, **Mr. Jayprakash**, **Mr. Punith**, and **Prof. Chaitra K. R**, Principal, Akash Institute of Allied Health Sciences and Paramedical Sciences. The event was made possible through the efforts of the **organizing committee**, with **Prof. Chaitra K. R** serving as the **Organizing Chairperson** and **Ms. Deepa N** as the Organizing Secretary.

Eminent speakers such as **Dr. Veena** (Department of Psychiatry), **Dr. Ravishankar S. N.** (General Medicine), **Mr. Jayaprakash** (Mohan Babu University, Tirupati), and **Mr. Punith** (MS Ramaiah Medical College, Bengaluru) **delivered detailed and thought-provoking talks** on various aspects of renal dialysis, followed by an interactive panel discussion.

The CME provided participants with **valuable theoretical and practical insights**, fostering a **collaborative learning atmosphere** that enriched their preparedness to manage **critical situations in renal dialysis**, ultimately enhancing their ability to **save lives**.



# INTERNATIONAL DAY AGAINST DRUG ABUSE AND ILLICIT TRAFFICKING (JUNE 26, 2025)

The Department of Psychiatry, Akash Institute of Medical Sciences & Research Centre, organized an insightful awareness program on the occasion of the “**International Day Against Drug Abuse and Illicit Trafficking**” on **26th June 2025**.

The event was graced by distinguished guests including Ms. M. Kumudavalli, Intelligence Officer, and Mr. S.H. Anil Kumar, Junior Intelligence Officer from the Narcotics Control Bureau (NCB), Bangalore Zonal Unit; Dr. Kumar U, Professor & HOD, Department of Forensic Medicine; and Dr. Brijesh, AIMS & RC.

The day commenced with a **student rally**, where participants raised powerful slogans advocating against drug abuse. This was followed by a skit that portrayed the devastating impact of substance use on individuals and their families.

Dr. Shruthi J, Assistant Professor, delivered an impactful session titled “**Breaking the Chains of Addiction,**” focusing on the psychiatric, psychological, and social dimensions of addiction.

Ms. Kumudavalli shared compelling real-life experiences from her work in the NCB, shedding light on the challenges faced by law enforcement and the harsh realities of drug trafficking in India.

A panel discussion followed, featuring **Dr. Suresh V C**, Professor & HOD, Department of Psychiatry, **Dr. Kumar U**, and the NCB officers. The interactive session encouraged audience participation, with engaging questions answered comprehensively by the panel.

The event was hosted by **Dr. Poornima C**, Associate Professor, and concluded with a vote of thanks delivered by **Dr. Veena V**, Assistant Professor. Faculty members from various departments attended the program, contributing to its multidisciplinary strength and success.

The event served as a powerful reminder of our collective responsibility in creating a **drug-free society**. It was a day of deep learning and inspiration for the students, reinforcing the importance of awareness, vigilance, and empathy.

The Department of Psychiatry remains committed to organizing more such impactful events to raise awareness and promote **mental health and well-being** in the community.









# SEMINAR ON ALZHEIMER'S DISEASE AND BRAIN AWARENESS MONTH

Theme: "TAKE CHARGE OF YOUR BRAIN HEALTH"

Topic: "ALZHEIMER'S DEMENTIA: UNDERSTANDING THE MIND'S DECLINE"

The Indian Pharmaceutical Association, Bangalore (Urban) Local Branch, in association with the Aditya Bangalore Institute of Pharmacy Education and Research (ABIPER), Department of Pharmacy Practice, and NSS, organized a seminar on the occasion of Alzheimer's Disease and Brain Awareness Month on 25th June 2025. The central theme of the seminar was "TAKE CHARGE OF YOUR BRAIN HEALTH", focusing on "ALZHEIMER'S DEMENTIA: UNDERSTANDING THE MIND'S DECLINE."

The event was honoured by Dr. SURESH V. C., Professor and Head, Department of Psychiatry, Akash Hospital, who graced the occasion as the Chief Guest. Dr. Suresh delivered a comprehensive and enlightening talk covering the causes, prevalence, signs and symptoms, severity, progression, and associated disabilities in Alzheimer's Dementia. He stressed the importance of early diagnosis and treatment, while also highlighting the significant caregiver burden that is often overlooked in the disease management process.

Dr. Suresh further enriched the session by sharing real-life clinical cases and narratives from his own professional experience. These personal insights provided the audience with a profound understanding of the lived experiences of both patients and caregivers affected by Alzheimer's.

The seminar was highly interactive, with attendees actively participating by asking thoughtful questions and sharing their personal stories and caregiving challenges. The discussion served as a meaningful platform to not only spread awareness but also to foster empathy, support, and solidarity among those impacted by the condition.









## **AWARENESS PROGRAM ON SCHIZOPHRENIA TELECAST ON DD CHANDANA - “MANOCHINTANA” (29<sup>TH</sup> JUNE 2025)**

An awareness program on Schizophrenia was telecast on DD Chandana on 29th June 2025, as part of the Kannada-language mental health series “MANOCHINTANA.” This educational segment aimed to address widespread misconceptions and stigma associated with schizophrenia and to enhance public understanding of the condition.

Dr. Suresh V C, Professor and Head, Department of Psychiatry, Akash Institute of Medical Sciences and Research Centre (AIMS&RC), was invited by the channel to share his expert insights. His participation significantly enriched the session, providing a comprehensive overview of the disorder.

The program comprehensively covered various aspects of the condition, including its prevalence, typical clinical presentation, and the current level of public awareness. Dr. Suresh thoughtfully addressed the emotional and social challenges commonly faced by individuals living with schizophrenia, as well as the stigma that often acts as a barrier to seeking treatment.

He also emphasized the critical role of social support and the importance of timely professional intervention. The session helped debunk several prevailing myths, highlighting that schizophrenia is a treatable mental health condition. It underscored the necessity of early diagnosis, medication adherence, and family involvement in the therapeutic process.

This timely and insightful program represents a significant step toward raising awareness about a lesser-known and often misunderstood psychiatric condition. Dr. Suresh’s depth of knowledge and compassionate perspective illuminated the urgent need to prioritize mental health and encourage open dialogue on such a critical issue.







## HIGH-RISK ECG PATTERNS INDICATIVE OF OCCLUSION MI (TABLEWISE SUMMARY)

**Table 1 :**

### Occlusive MI with alteration in T-wave

OMI patterns and its anatomical site	ECG findings
Hyperacute T-waves ( <b>HATW</b> ) mostly with proximal LAD occlusion (RCA or LCX rarely)	<ul style="list-style-type: none"> <li>Hyperacute T-waves appear taller and broad-based , often generally more symmetrical than the normal T-waves ; with <math>\geq</math> in two contiguous leads</li> <li>As per Dr. Stephen W. Smith T-wave / QRS complex ratio in any V1-4 greater than 0.36 represents acute MI , not subacute or old.</li> </ul>
de-Winter pattern ( <b>dWp</b> ) (Proximal LAD occlusion )	<ul style="list-style-type: none"> <li>Tall prominent symmetrical T waves in the precordial leads</li> <li>Upsloping ST segment depression <math>&gt; 1\text{mm}</math> at the J point in the precordial leads</li> <li>Absence of ST elevation in the precordial leads</li> <li>Reciprocal ST segment elevation (1-2 mm) in aVR</li> </ul>
Wellens' syndrome (Transmural ischemia – reperfusion injury leading to myocardial oedema) Usually proximal LAD occlusion – mainly over leads V2-3 (but may be extended to the other arterial territory as well)	<ul style="list-style-type: none"> <li>Type A Wellens' (Biphasic T-wave : the initial positivity with terminal negativity)</li> <li>Type B Wellens' (Deeply inverted and symmetrically T-wave)</li> </ul>



**Table 2 :****Occlusive MI with ST changes**

<b>OMI patterns and its anatomical site</b>	<b>ECG findings</b>
Precordial Swirl Sign (LAD occlusion prior to S1)	<ul style="list-style-type: none"> <li>ST elevation in leads V1 and aVR with reciprocal ST depression in leads V5 and V6</li> </ul>
South African Flag Sign (LAD-D1 territory)	<ul style="list-style-type: none"> <li>ST elevation primarily localized to leads I , aVL <math>\pm</math> V2</li> <li>Reciprocal ST depression and / or T-wave inversion in inferior leads , most prominent in lead III</li> </ul>
Posterior OMI (Usually RCA through posterior descending artery , LCX with left-dominant coronary circulation )	<p>Mirror images changes of MI of the posterior wall</p> <ul style="list-style-type: none"> <li>ST depression , tall R-waves and prominent positive T-waves (V1-3) should be considered a posterior OMI until proven otherwise.</li> </ul>
Aslanger pattern (RCA or LCX occlusion with multivessel disease)	<p>Resultant ST vector (Aslanger) directed rightwards causing ST elevation in lead III only , sparing the other inferior leads II and aVF</p> <ul style="list-style-type: none"> <li>ST<math>\uparrow</math> only in lead III as evidence of inferior MI</li> <li>ST <math>\uparrow</math> in V1&gt;V2</li> <li>Concomitant ST<math>\downarrow</math> in V4-V6, with a positive/terminally positive T-wave (concomitant subendocardial ischemia)</li> </ul>
Northern OMI (LAD and first diagonal bifurcation occlusion in multivessel disease )	<ul style="list-style-type: none"> <li>Any STE in aVR and aVL with negative T-waves</li> <li>Any ST-depression in inferior and lateral precordial leads with positive or biphasic T-waves</li> </ul>

**Table 3 :****Occlusive MI with miscellaneous group**

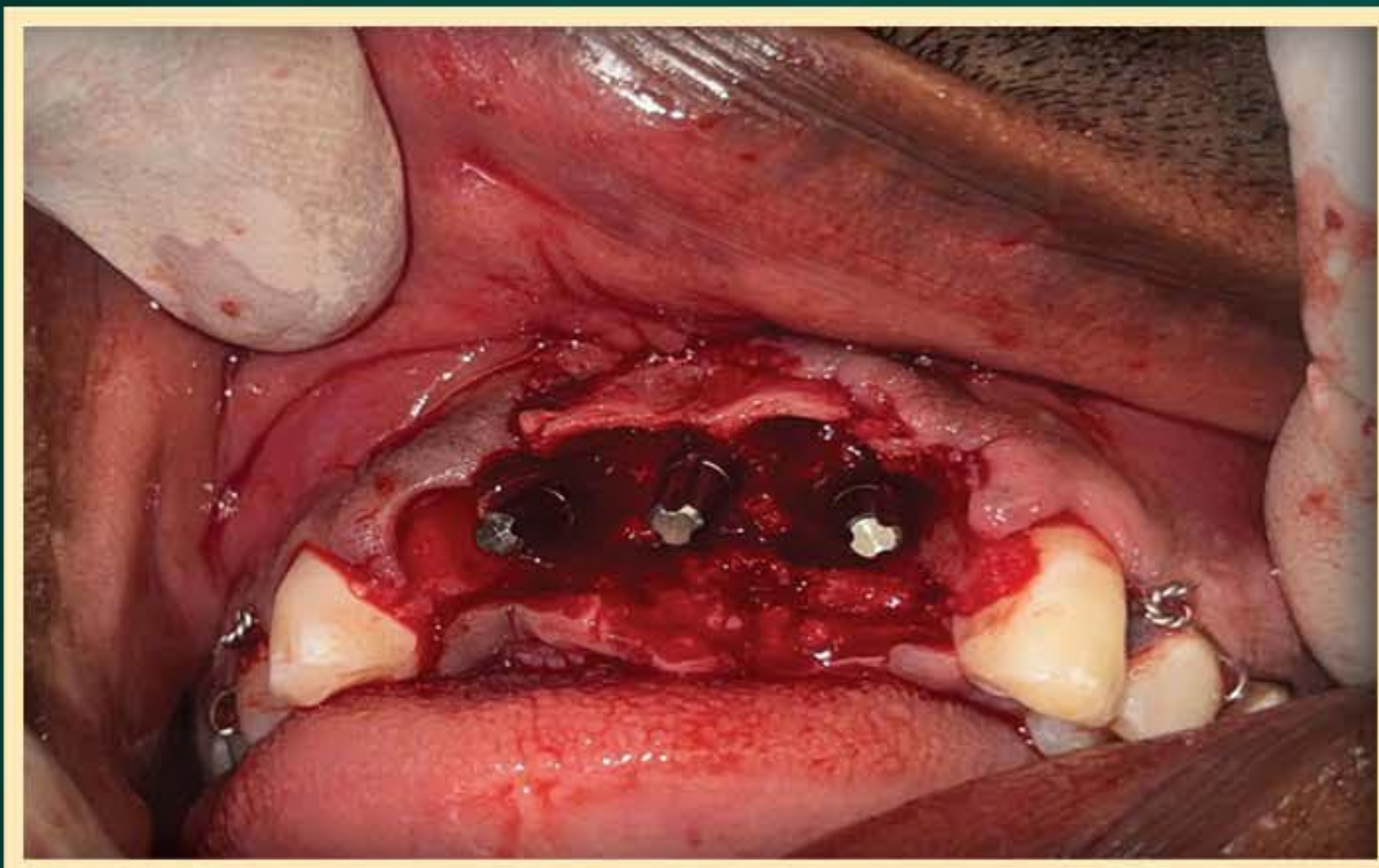
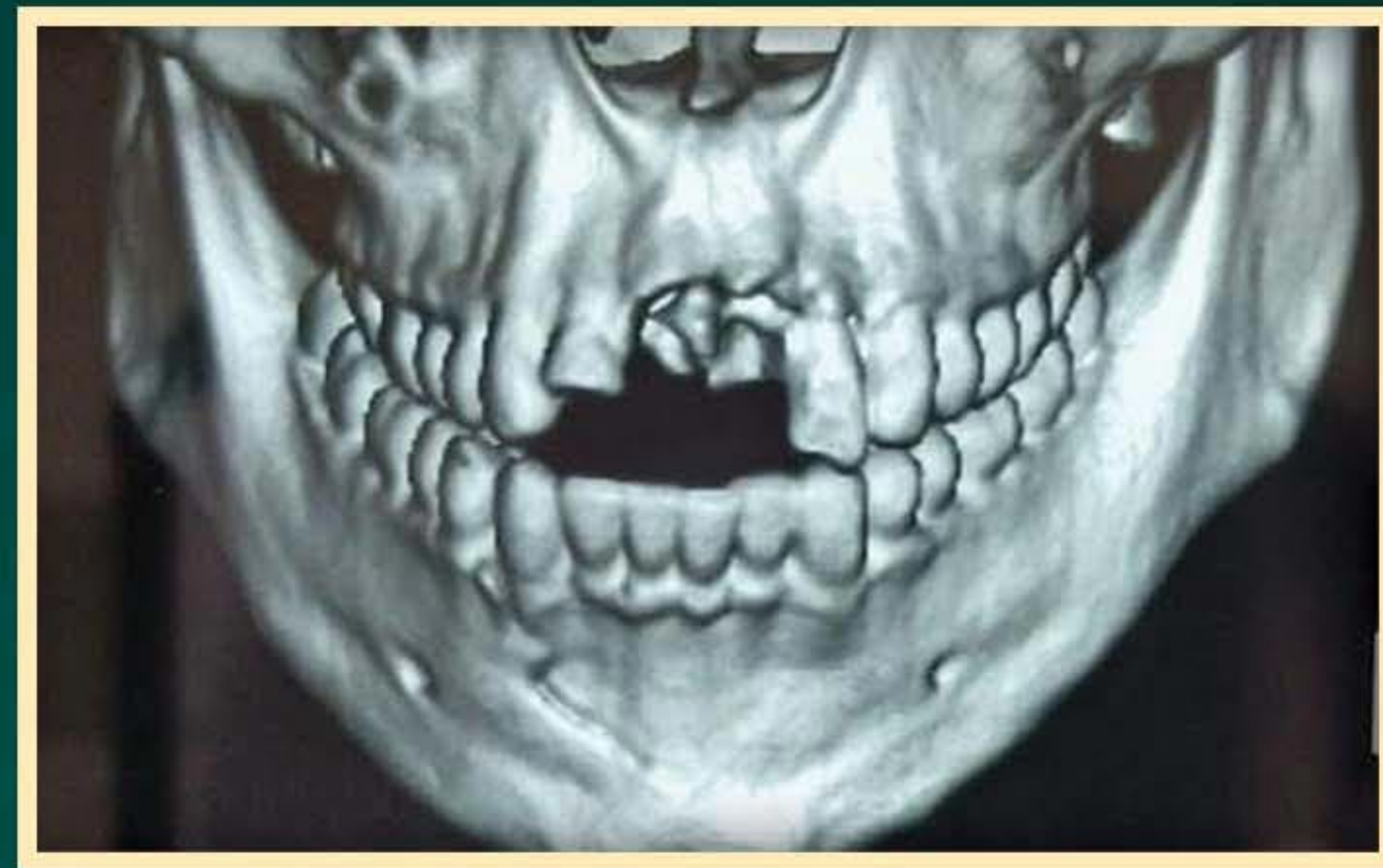
<b>OMI patterns and its anatomical site</b>	<b>ECG findings</b>
Modified Sgarbossa-Smith Criteria (Occlusive MI in the presence of LBBB)	<ul style="list-style-type: none"> <li>Concordant ST elevation <math>\geq 1</math>mm in <math>\geq 1</math> lead (with a positive QRS complex)</li> <li>Concordant ST depression <math>\geq 1</math> mm in <math>\geq 1</math> lead of V1-V3</li> <li>Proportionally excessive discordant STE in <math>\geq 1</math> lead anywhere with <math>\geq 1</math> mm STE , as defined by <math>\geq 25\%</math> of the depth of the preceding S-wave.</li> </ul>
Terminal QRS distortion (Proximal LAD occlusion)	<ul style="list-style-type: none"> <li>Absence of an S wave and J wave in either leads V2 or V3 (an imprint of ongoing myocardial insult with uplifting of R-wave with <math>&gt; 50\%</math> above the baseline)</li> </ul>
New-onset RBBB and LAFB (Proximal LAD occlusion)	<ul style="list-style-type: none"> <li>New-onset RBBB</li> <li>New-onset LAFB</li> </ul>



## Department of Dentistry

Immediate Dental Rehabilitation Using BCS  
(Bicortical Screw) Implants at Akash Hospital

### BEFORE



### AFTER





### Clinical Case Summary:

At the **Department of Dentistry, Akash Hospital**, a complex maxillofacial trauma case was managed with a comprehensive and multidisciplinary approach. The patient presented with **bilateral condylar fractures, a right parasymphysis fracture of the mandible, avulsion of upper anterior teeth, and an impacted supernumerary tooth.**

The treatment plan involved precise **reduction and fixation of the mandibular fractures**, followed by **immediate dental rehabilitation** using **BCS (Bicortical Screw) implants**. This approach ensured rapid stabilization, functional restoration, and aesthetic rehabilitation in a single-phase procedure.

# DEPARTMENT





## GENERAL HEALTH CAMPS



Place of the camp : Rashrau  
Date of the camp : 03/04/2025



Place of the camp : Mallepura  
Date of the camp : 09/04/2025



Place of the camp : Alipura  
Date of the camp : 13/04/2025



Place of the camp : Ablodu  
Date of the camp : 14/04/2025



Place of the camp : Thalakayala Betta  
Date of the camp : 19/04/2025



Place of the camp : Chikka Tumkur  
Date of the camp : 22/04/2025



## GENERAL HEALTH CAMPS



Place of the camp :  
Gangavara Blood camp  
Date of the camp : 23/04/2025



Place of the camp : Channahalli  
Date of the camp : 25/04/2025



Place of the camp : Arudi  
Date of the camp : 26/04/2025



Place of the camp : Dinne Bagepalli  
Date of the camp : 04/05/2025



Place of the camp : Tirumani Bagepalli  
Date of the camp : 07/05/2025



Place of the camp : Blood Camp  
Date of the camp : 13/05/2025



## GENERAL HEALTH CAMPS



Place of the camp :  
Sumadhura Blood Camp  
Date of the camp : 17/05/2025



Place of the camp : Bagepalli Camp  
Date of the camp : 24/05/2025



Place of the camp : Varlakonda  
Date of the camp : 27/05/2025



Place of the camp : Gudibande  
Date of the camp : 28/05/2025



Place of the camp : Tholapalli  
Date of the camp : 01/06/2025



Place of the camp : Renumakanahall  
Date of the camp : 08/06/2025



## GENERAL HEALTH CAMPS



Place of the camp : Patha Bagepalli  
Date of the camp : 08/06/2025



Place of the camp :  
AHS Dept Blood camp  
Date of the camp : 08/06/2025



Place of the camp : Ramapura  
Date of the camp : 14/06/2025



Place of the camp : Paragodu  
Date of the camp : 15/06/2025



Place of the camp : Pathapalya  
Date of the camp : 22/06/2025



Place of the camp : Chakavelu Bagepalli  
Date of the camp : 22/06/2025



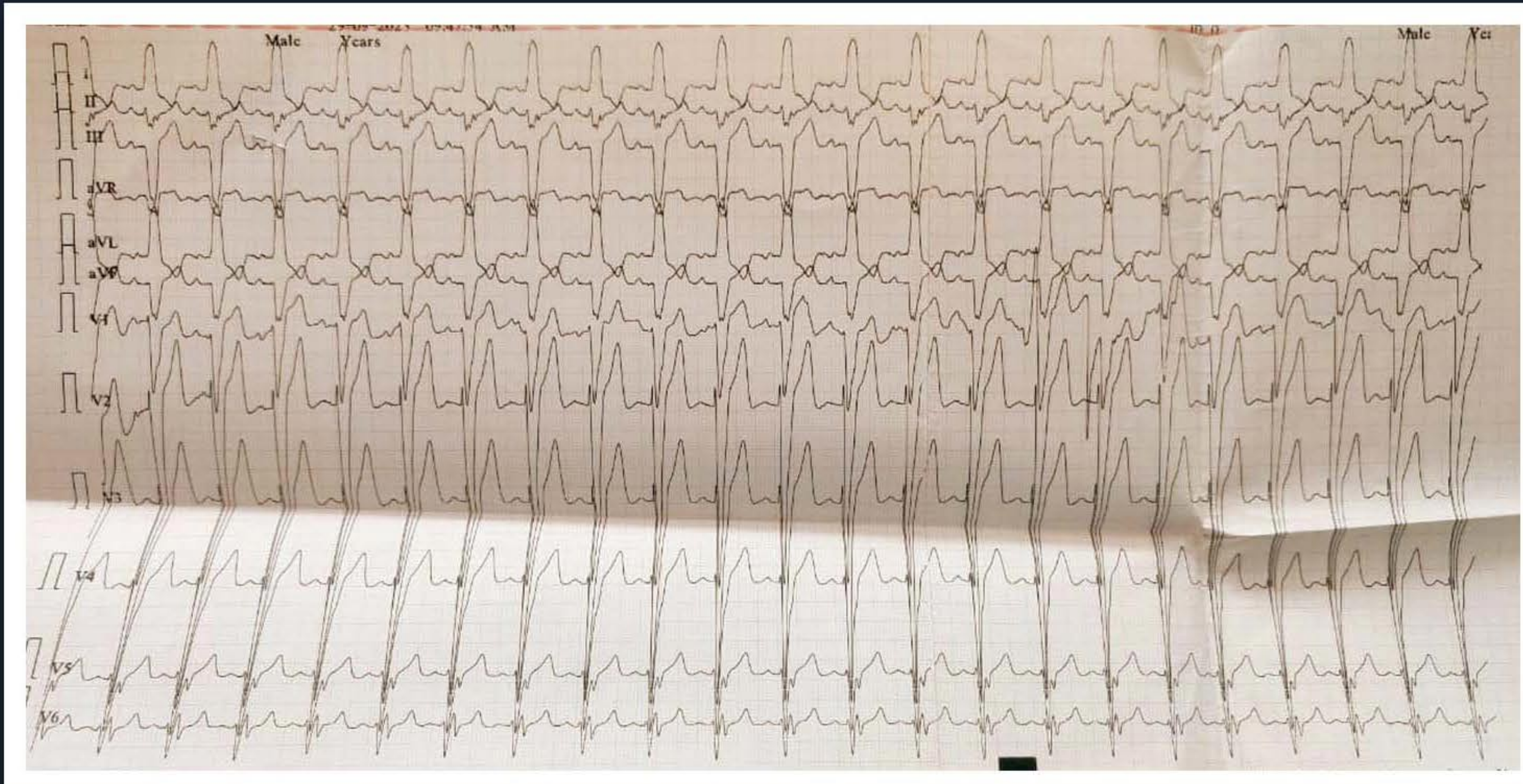
## GENERAL HEALTH CAMPS



Place of the camp : Sabbanahalli  
Date of the camp : 29/06/2025



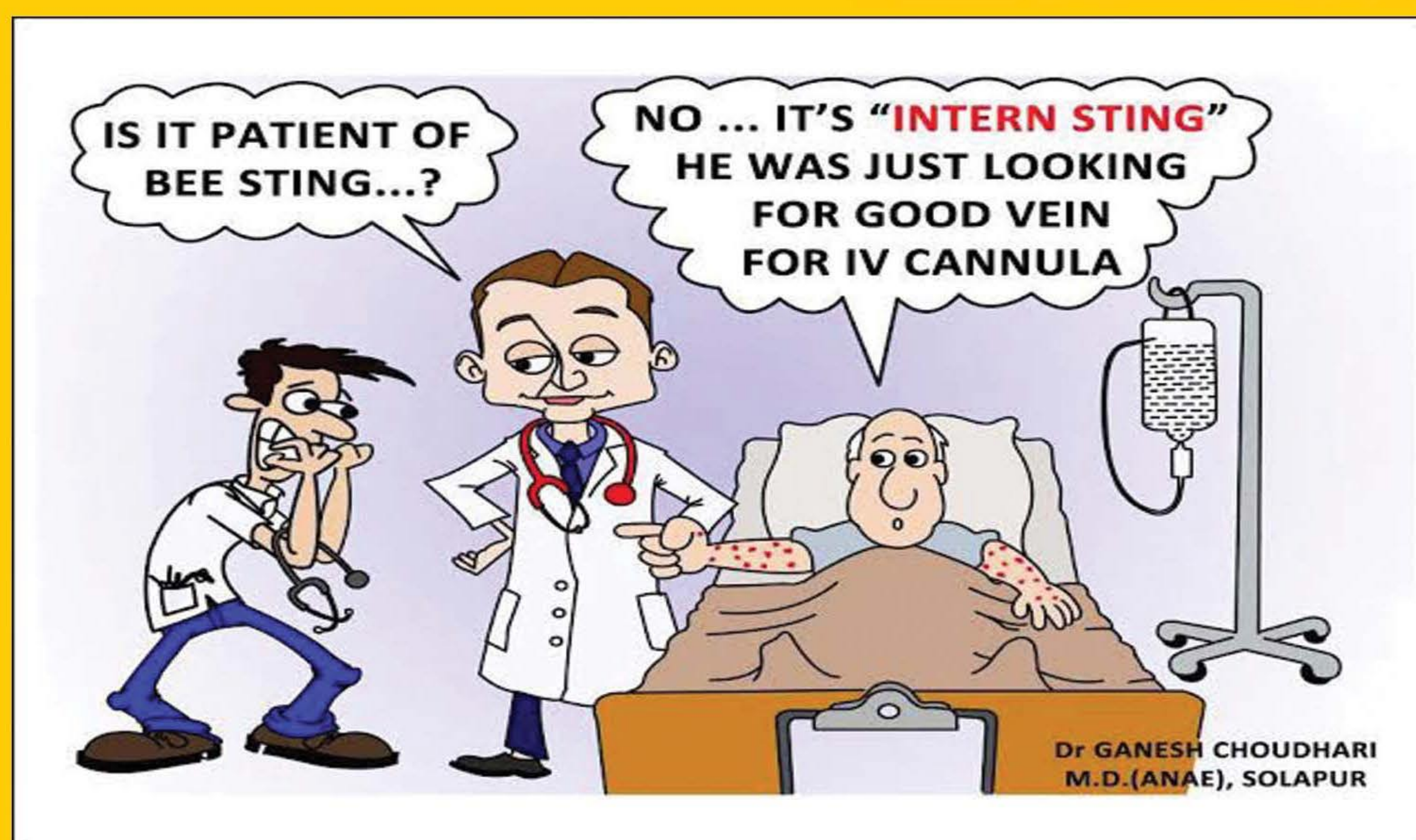




# DIAGNOSIS



Laughter is the  
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Karnataka 562110

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