



AIMS&RC
AKASH INSTITUTE OF MEDICAL SCIENCES
AND RESEARCH CENTRE



AKASHVANI

THE OFFICIAL NEWSLETTER OF AIMS&RC

JULY, AUGUST, SEPTEMBER -2025

VOLUME - 17



Akash Hospital



By Times Group Health Survey 2023-24



India is striving to achieve new heights in health. India received **WHO certification for the elimination of Trachoma** in the country this year after WHO had declared India to be **Trachoma free in October, 2024.** Through **sustained efforts in hygiene promotion, access to clean water, improved sanitation, and targeted antibiotic treatment,** India successfully eliminated it as a public health problem. With this **major public health achievement,** India becomes **one of the 19 countries to be free from Trachoma.**

Antimicrobial resistance is at an all-time high and to combat this, **Government of India has added new restrictions for the sale of antibiotics.** The government has now **banned sale of any antibiotics without a valid prescription** from a **registered medical practitioner.**

Yashasvini Health Insurance Scheme, launched in **2003,** is set to undergo a **major overhaul.** A **committee of experts** have recommended **revision in procedure rates by up to 50% for some high-end treatments.** This initiative has been planned to **increase the number of private hospitals** from the existing **782 hospitals** which are **empanelled under the scheme.**

Akash Institute of Medical Sciences is steadily progressing toward achieving **greater academic heights.** With the goal of increasing its **undergraduate intake from 150 to 250 seats,** the institution recently underwent an **NMC inspection.** The inspection proceeded **smoothly,** and the management is optimistic about receiving **positive results soon.** The institution has also received approval for an additional **250 beds,** further strengthening its commitment to providing **comprehensive medical education and quality healthcare services.**

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AIET WELCOMES FIRST-YEAR B.E. STUDENTS WITH A GRAND INAUGURAL CEREMONY

The Akash Institute of Engineering & Technology (AIET) proudly hosted the Inaugural Ceremony for the First Year B.E. Students of the 2025-26 Batch on 25th September 2025 at the AIET Auditorium.

The event was graced by Chief Guest Shri ASN Murthy, IPS (R), CEO – SIRI Technologies, who inspired the gathering with his thought-provoking and motivational address.

The ceremony was presided over by Shri K. Muniraju, Chairman; Smt. Pushpa Muniraju, Chairperson; Shri Amar Gowda, Vice Chairman, Akash Group of Institutions & AIET; and Dr. Prakash S. Dabeer, Principal, AIET.

Faculty members and students actively participated, making the event a memorable beginning for the new academic journey. The ceremony symbolized a warm welcome to the new batch, inspiring them to pursue excellence and innovation at AIET.



WORLD PHYSIOTHERAPY DAY CELEBRATION AT AKASH INSTITUTE OF PHYSIOTHERAPY

Akash Institute of Physiotherapy proudly celebrates World Physiotherapy Day, recognizing the remarkable contributions of physiotherapists worldwide and their vital role in helping individuals lead healthier and more active lives.

This year's theme, "The Role of Physiotherapy in Healthy Ageing," emphasizes the importance of preventing frailty and falls, showcasing how physiotherapy contributes not only to treatment but also to prevention and quality of life enhancement.

Healthy ageing focuses on staying active, independent, and mentally sharp as we grow older. The World Health Organization (WHO) defines healthy ageing as "the process of developing and maintaining the functional ability that enables wellbeing in older age," which ultimately means living longer and living better.

On this 8th of September, in celebration of World Physiotherapy Day, the institute is organizing a two-day workshop on Dry Needling, followed by a Geriatric Health Camp on the 20th. In addition, various student competitions such as model making, poster presentation, and paper presentation will be held, encouraging creativity and professional growth among students.



79TH INDEPENDENCE DAY CELEBRATION AT AKASH GROUP OF INSTITUTIONS

The **Akash Group of Institutions** proudly celebrated the **79th Independence Day** with great patriotism and enthusiasm on campus. The event was graced by the esteemed presence of **Shri K. Muniraju, Chairman, Akash Group of Institutions**, and **Dr. Shivaprakash N. C., Dean**, who inspired the gathering with their motivating words.

Faculty, staff, students, and children came together to honor the spirit of freedom and pay tribute to the nation's heroes. The celebration featured a flag-hoisting ceremony, cultural performances, and patriotic songs that filled the atmosphere with pride and unity.

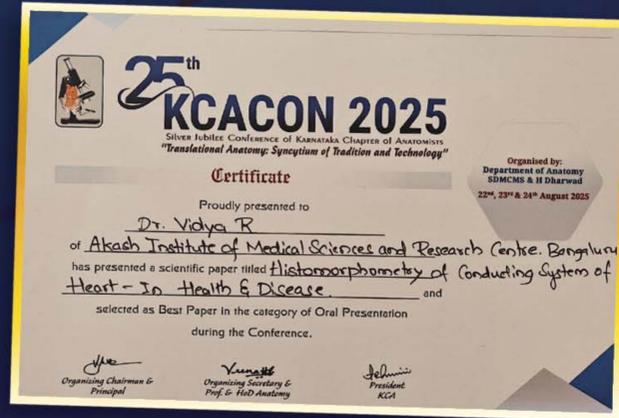
The event beautifully reflected the values of national pride, respect, and togetherness that define the Akash community.





AIMS&RC SHINES AT KCACON – 25

The Department of Anatomy, SDM College of Medical Sciences and Hospital, Dharwad, under the aegis of the Karnataka Chapter of Anatomists, organized the Silver Jubilee Celebration – 25th KCACON 2025, themed “Translational Anatomy: Syncytium of Tradition and Technology.” The event witnessed outstanding achievements from the Department of Anatomy, Akash Institute of Medical Sciences & Research Centre (AIMS & RC), Bengaluru, bringing great pride to the institution.



- **Dr. Vasudha Kulkarni**, Professor and Head, Department of Anatomy, AIMS & RC, was honored with the prestigious **Sri Jalappa Gold Medal Award (Kolar)** for the **Best Paper in Neuroanatomy** for her study titled “Opercular, Sulco-gyral Pattern and Neuronal Mapping of the Human Insula – A Cross-Sectional Study.”
- **Dr. Vidhya R**, Assistant Professor, Department of Anatomy, AIMS & RC, received the **Best Paper – Oral Presentation Award** for her work on “Histomorphometry of Conducting System of the Heart.”
- **Mr. Tarun Andra**, First-Year MBBS Student, AIMS & RC, was awarded the **Best Paper in Poster Presentation** category for his study titled “A Cadaveric Case Report on Bilateral High Division of the Sciatic Nerve.”

These remarkable accomplishments highlight the department’s dedication to **academic excellence, research innovation, and anatomical science advancement**, bringing well-deserved recognition to **AIMS & RC** at a prestigious state-level platform.



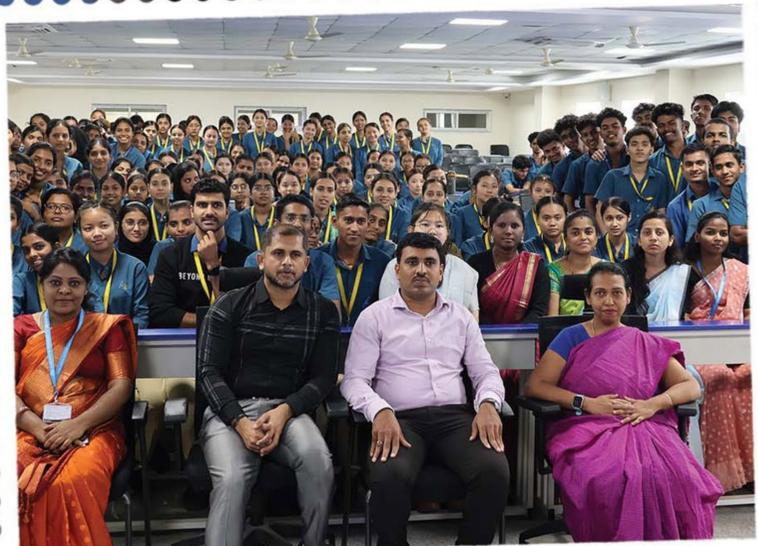
CONFERENCE ON COMPETENCY BASED PATIENT SAFETY AT AKASH INSTITUTE OF NURSING

The **Akash Institute of Nursing** successfully organized a **Conference on Competency-Based Patient Safety**, aimed at enhancing knowledge, skills, and best practices in patient care.

The event was graced by **Ms. Priyatham Gowda, Principal, Akash Institute of Nursing**, and **Dr. Brijesh, MS, Akash Hospital**, whose presence added inspiration and valuable insights to the proceedings.

Faculty, nursing students, and healthcare professionals actively participated in interactive sessions, case studies, and workshops, gaining practical knowledge on competency-based approaches to patient safety.

The conference highlighted **Akash Institute of Nursing's commitment to excellence in nursing education and patient-centered care**, equipping participants to deliver safer and higher-quality healthcare.



GANESH CHATURTHI & VISARJANA CELEBRATION AT AKASH GROUP OF INSTITUTIONS

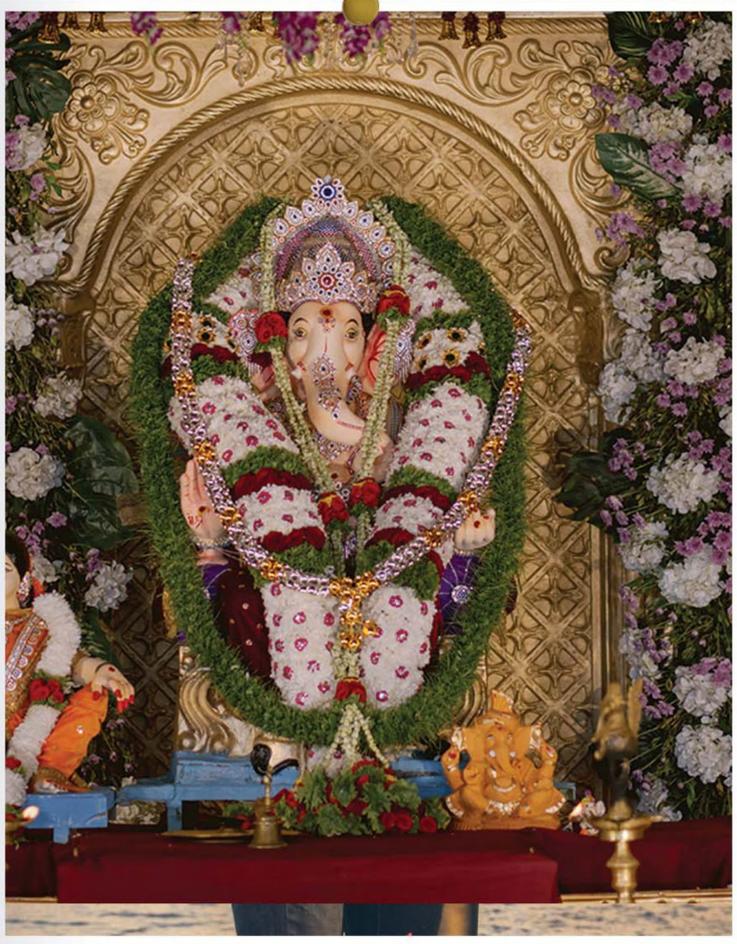
The **Akash Group of Institutions** joyfully celebrated **Ganesh Chaturthi and Visarjana** with devotion, enthusiasm, and cultural unity across the campus. The celebration reflected the spirit of togetherness, positivity, and reverence for Lord Ganesha.

The event was graced by the esteemed presence of **Shri K. Muniraju, Chairman; Smt. Pushpa Muniraju, Chairperson; and Shri Amar Gowda, Vice Chairman, Akash Group of Institutions**, whose participation added grace and significance to the occasion.

Faculty, staff, and students actively took part in the puja rituals, cultural performances, and the grand Visarjana procession, creating an atmosphere filled with joy and spiritual energy.

The celebration beautifully embodied the values of faith, harmony, and community that define the Akash family.





EFFECTIVE COMMUNICATION & PERSONALITY DEVELOPMENT SEMINAR

The Akash Institute successfully conducted a **Seminar on Effective Communication and Personality Development**, aimed at enhancing interpersonal skills, confidence, and professional demeanor among students.

The event was graced by **Dr. Chaitra, AHS Principal**, and witnessed active participation from **nursing students, allied health, and paramedical students**. Interactive sessions, practical exercises, and expert guidance focused on **verbal and non-verbal communication, confidence-building, leadership skills, and personal grooming**.

At the conclusion of the seminar, **certificates were distributed to all participants**, acknowledging their engagement and successful completion of the program.

The seminar highlighted the importance of effective communication in academic, professional, and personal growth, equipping participants with essential skills for future success.





NASHA MUKTH BHARAT ABHIYAAN PROGRAM AT AIMSRC

On 13th August 2025, the **Department of Psychiatry**, in collaboration with the **Department of Community Medicine** at **Akash Institute of Medical Sciences and Research Centre (AIMS & RC), Devanahalli**, organized an awareness program for **MBBS students** under the **Nasha Mukth Bharat Abhiyaan** initiative.

The session was enriched by **Dr. Suresh V. C., Professor and Head, Department of Psychiatry**, who shared his expertise on the challenges of substance use, its harmful effects on health and society, and the responsibility of medical students in tackling this public health concern.

A detailed presentation by **Dr. Asif Ali** highlighted the objectives of the **Nasha Mukth Bharat Abhiyaan**, preventive strategies, and the pivotal role of youth and healthcare professionals in building a **drug-free society**.

As part of the program, all participating students took a **pledge**, committing themselves to work towards a **Nasha Mukth Bharat (Drug-Free India)**.

The initiative successfully raised awareness among students, reinforced interdepartmental collaboration, and emphasized the importance of collective efforts in preventing substance abuse.



DR. SUNIL KUMAR D. R. ELECTED AS THE NEW PRESIDENT OF IAPSM KARNATAKA STATE CHAPTER

Dr. Sunil Kumar D. R., Professor and Head of the Department of Community Medicine, has been elected as the President of the Indian Association of Preventive and Social Medicine (IAPSM) – Karnataka Chapter during the recently held Karnataka State Conference at Sri Madhusudan Sai Institute of Medical Sciences in September 2025.



WOMEN'S HEALTH CAMP – SWASTH NAREE SHASHAKT PARIVAR INITIATIVE

On **19th September 2025**, in celebration of **Hon'ble Prime Minister Shri Narendra Modi ji's birthday** and in alignment with the launch of the **"Swasth Naree Shashakt Parivar"** initiative, a special program was organized with the objective of screening **one lakh beneficiaries nationwide**.

As part of this initiative, the **Department of General Medicine**, under the guidance of **Dr. Lalita Shivaprakash**, conducted a **free health camp exclusively for women at AIMS & RC**.

During the camp:

- Awareness was raised about the importance of **preventive health and lifestyle modification**.
- Women underwent **screening for diabetes, hypertension, and other common health conditions**.
- **Counseling sessions** were provided to promote **early detection and timely management** of diseases.

This initiative reflects AIMS & RC's commitment to **empowering women through health**, ensuring early diagnosis, and fostering a **healthier community** in line with the vision of **Swasth Naree Shashakt Parivar**.



WORKSHOP EXPERIENCE AT IIT CHENNAI AND SRI RAMACHANDRA MEDICAL COLLEGE



Faculty and students of Akash Institute of Medical Sciences & Research Centre (AIMS & RC) recently visited IIT Chennai and Sri Ramachandra Medical College to explore **advanced 3D simulation technologies** in medical training and their integration into competency-based education.

Key Observations:

- 3D simulations were **interactive, immersive, and learner-friendly**, allowing repeated practice without risk to patients.
- **Instant feedback** enhanced self-directed learning and skill refinement.
- Evaluation tools simplified assessments, making them **faculty-friendly**.
- Exposure to modules like **catheterization, otoscopy, swab collection, and fracture sling application** strengthened clinical skills.



Outcomes:

- Enhanced understanding of **simulation-based pedagogy and infrastructure planning**.
- Insights into integrating simulation into the **competency-based curriculum**.
- Strengthened the vision to establish a **state-of-the-art Simulation Centre at AIMS & RC**.



The visit provided valuable exposure to innovative technologies, reinforcing AIMS & RC's commitment to advancing healthcare education.

WORLD BRAIN DAY CELEBRATION AT AKASH INSTITUTE OF ALLIED HEALTH SCIENCES AND PARAMEDICAL SCIENCE

The Akash Institute of Allied Health Sciences (AHS) celebrated World Brain Day with enthusiastic participation from paramedical and allied health students, faculty, and staff, under the guidance of AHS Principal Dr. Chaitra.

As part of the celebration, students showcased their creativity by preparing **drawings and artwork related to brain awareness**, highlighting the importance of brain health and neurological well-being. The event fostered **learning, awareness, and engagement** among students while promoting the message of **maintaining a healthy mind and lifestyle**.

The celebration emphasized the role of education and creativity in spreading awareness about the brain and its functions, making it a **memorable and informative event** for all participants.





WORLD BREASTFEEDING WEEK CELEBRATION - PEDIATRIC DEPARTMENT, AKASH HOSPITAL

The **Pediatric Department of Akash Hospital** celebrated **World Breastfeeding Week** with the aim of promoting awareness about the importance of breastfeeding for the health and development of infants.

The event was graced by **Dr. Srinivas, HOD of Pediatrics**, along with faculty members and students, who actively participated in raising awareness through interactive sessions and educational activities.

The program highlighted the **benefits of breastfeeding**, proper techniques, and the crucial role of family and healthcare professionals in supporting new mothers. It successfully **educated and inspired attendees**, reinforcing Akash Hospital's commitment to **child health and nutrition**.





WORLD HEART & LUNG DAY CELEBRATION – VITALIA'25

Organized by the Department of Cardiac Care, Perfusion, and Respiratory Care Technology, Akash Institute of Allied Health Sciences

On **29th September 2025**, the Department of Cardiac Care Technology, Perfusion Technology, and Respiratory Care Technology at **Akash Institute of Allied Health Sciences** organized “**VITALIA'25**” at **Sanjeevini Hall, Akash Hospital**. The theme of the event, “*Don't Skip the Beat,*” highlighted the importance of innovation and awareness in cardiac and respiratory health.

The day began with an insightful session on “**Echocardiographic Evaluation of Prosthetic Heart Valves**” by *Mrs. Veena Shavi*, Cardiac Sonographer at Manipal Hospital, followed by the **inauguration ceremony** graced by dignitaries and faculty members.

Subsequent sessions included a talk on “**Pulmonary Function Test**” by *Prof. Dr. Jaganmohan S. V.*, Pulmonologist at Akash Hospital, and a hands-on discussion on “**Golden Minute in Neonatal Resuscitation: Saving Hearts and Lungs Together**” by *Ms. Saranya J.*, Assistant Professor, Respiratory Therapy, Yenepoya University.

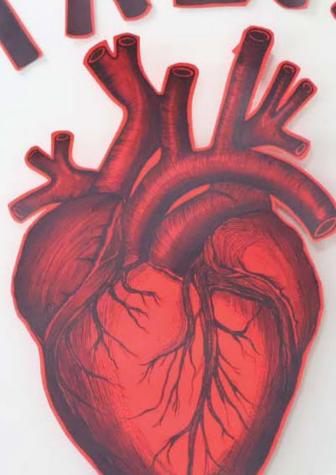
The afternoon featured an engaging **E-Poster Presentation**, where students showcased their academic and clinical insights, followed by a **prize distribution ceremony** recognizing outstanding contributions.

The event was guided by *Prof. Chaitra K. R.*, Principal – AIAHS & AIPMS, and supported by a dedicated student organizing committee.

VITALIA'25 served as a platform for budding allied health professionals to exchange knowledge, develop practical insights, and reinforce their commitment to excellence in patient care.



VITALIA



DEPARTMENT OF FOCUS: ONCOLOGY

Interesting Case:

Mr. X, a 72-year-old gentleman, presented to the Surgical OPD with abdominal distension for two months and early satiety for one month. He was a newly detected hypertensive with no other complaints.

Clinical Examination:

- Grossly distended abdomen with positive fluid thrill
- Organomegaly could not be assessed

Investigations:

- CECT Abdomen and Pelvis: Pseudomyxoma peritonei with suspected perforated mucosa of appendix
- Peritoneal fluid analysis: Features suggestive of pseudomyxoma peritonei
- Tumor markers: CEA 39.5, CA 19.9 227

Management:

A multidisciplinary team (MDT) including Surgical Oncology, Medical Oncology, Surgical Gastroenterology, Anesthesia, General Medicine, and General Surgery was involved. The patient was planned for CRS + HIPEC.

Surgical Procedure (July 2nd, 2025):

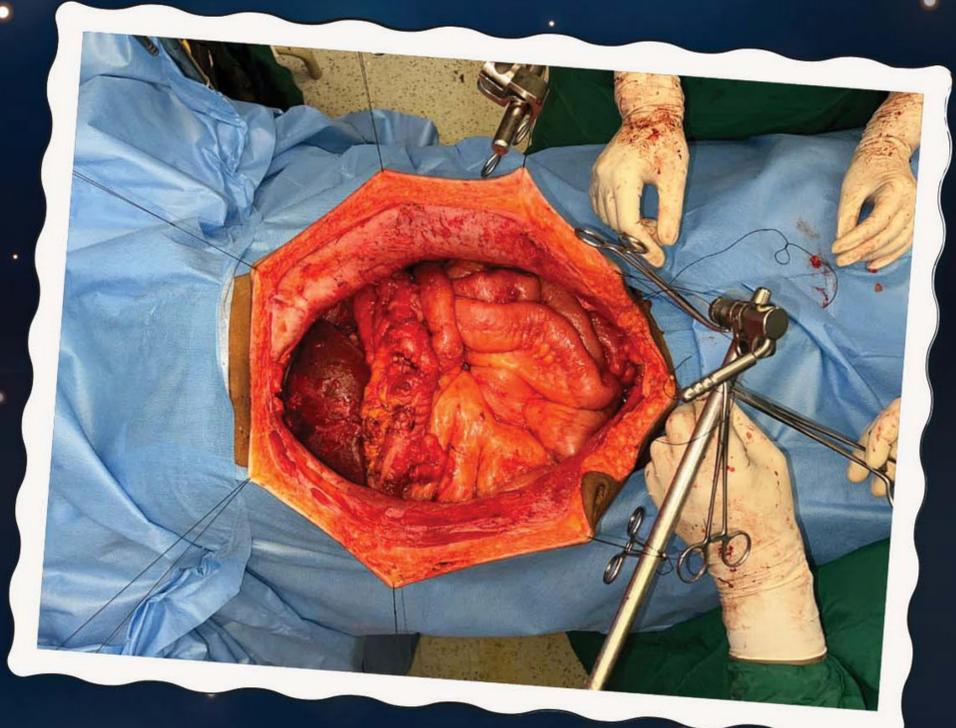
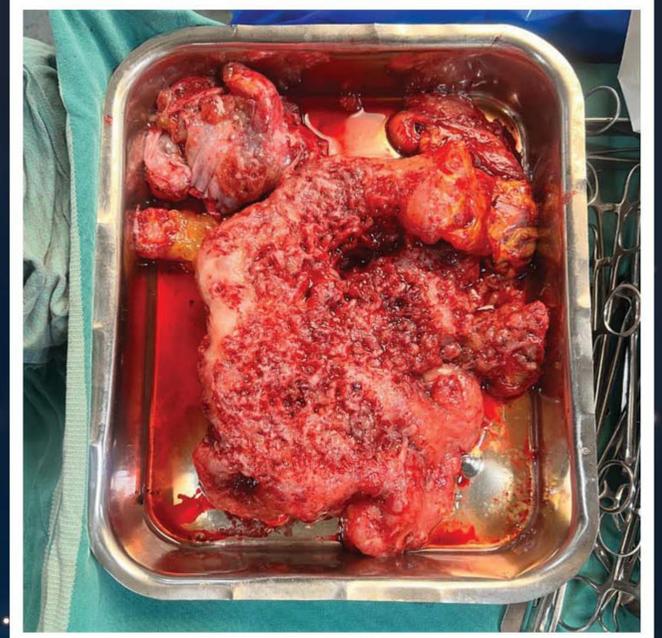
- CRS – total peritonectomy, omentectomy, appendicectomy, splenectomy, cholecystectomy
- HIPEC: Doxorubicin + Mitomycin C under GA with epidural
- Intraoperative findings: ~5 KG of mucinous jelly removed; spleen and omentum extensively involved and removed.
- Post-operative course: Patient stood the procedure well, shifted to SICU, then to ward on post-operative day 2. ERAS protocol was followed.
- Discharge: Post-operative day 7, splenectomy vaccines administered.

Histopathology (HPE):

- Mucinous carcinoma, low grade, involving peritoneum, spleen, omentum, and gallbladder wall

Discussion:

- Pseudomyxoma peritonei is a rare malignant cancer that spreads by secreting mucin in the abdomen and pelvis, often asymptomatic initially. It commonly presents as “Jelly Belly” with gross abdominal distension.
- Primary tumor is usually appendiceal mucinous epithelial neoplasm.
- Standard of care: Cytoreductive surgery (CRS) + HIPEC (Hyperthermic Intraperitoneal Chemotherapy)
 - CRS: Removes all visible tumor
 - HIPEC: Delivers heated chemotherapy directly into the peritoneal cavity, targeting remaining cancer cells with less systemic side effects
- Prognosis: Good, when CRS + HIPEC is performed appropriately



DAY 1 WORLD SUICIDE PREVENTION MONTH OBSERVANCE AT AIMS & RC

As part of **World Suicide Prevention Week**, the **Department of Psychiatry, AIMS & RC** organized an impactful **awareness program** on **September 9th, 2025**, to emphasize the importance of mental health and suicide prevention.

The event began with an insightful talk by **Dr. Shruthi J**, who highlighted the **early warning signs of suicide**, effective **prevention strategies**, and the **importance of timely mental health support**. She also stressed the vital role of **community awareness** and **helpline services** in saving lives.

A key highlight of the program was a **video-making competition** for the students of **Akash Institute of Nursing**, based on the theme **“Changing the Narrative on Suicide.”**

The event was graced by **Dr. Wilma, Professor & HOD, Department of Biochemistry**, who served as the **Guest of Honour**. In her address, she encouraged students to uphold the message of **hope, empathy, and resilience** in both their professional and personal lives.

Through this initiative, the department aimed to **create awareness, reduce stigma**, and **actively engage young healthcare professionals** in promoting mental well-being and suicide prevention.

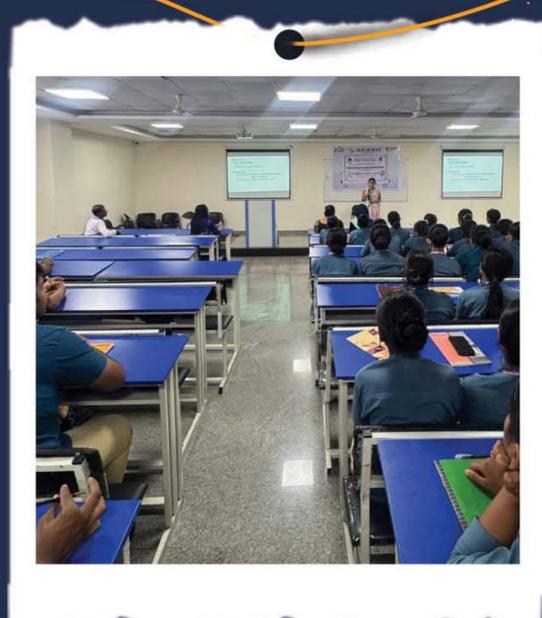
Competition Winners:

1st Prize: Team **“Shorus”** (BSc Nursing Batch 2022–23) –

Karthik Suresh, Vishnu V P, Alwin T J, Anusha Suresh, Abin Raju, and Mohammed Shehin M

2nd Prize: Team **“Together We Rise”** (BSc Nursing Batch 2023–24) –

Hoor-ul-ain, Kousalya, Chahat Jaiswal, Naga Lakshmi H N, Sumit Kumar, Alok Kumar, and Mohammed Fahim



DAY 2 – WORLD SUICIDE PREVENTION MONTH OBSERVANCE AT AIMS & RC



On **10th September 2025**, as part of the **World Suicide Prevention Month**, Akash Institute of Medical Sciences & Research Centre (AIMS & RC) organized impactful programs to raise awareness about mental health and the importance of preventing suicide.

A thought-provoking talk was delivered by **Dr. Poornima C**, who emphasized the need to recognize early warning signs, extend support to those in emotional distress, and break the stigma surrounding mental health. She highlighted that suicide is not merely a personal tragedy but a collective concern—one that can be prevented through empathy, timely intervention, and open dialogue.

To actively involve students, **Photography and Storytelling Competitions** were conducted, inspiring participants to express messages of hope, resilience, and the value of life through creative expression. The entries showcased deep insight and compassion, reflecting the understanding that every individual holds the power to inspire and uplift others.

Competition Winners:

Photography Competition

1st Prize – **Muhammed Sahali**

2nd Prize – **Riddhiman Das & Yaswanth Reddy**

Storytelling Competition

1st Prize – **Natasha**

2nd Prize – **Dawn Jijo**

DAY 3 – WORLD SUICIDE PREVENTION MONTH OBSERVANCE AT AIMS & RC



On 11th September 2025, as part of the **World Suicide Prevention Week**, the **Department of Psychiatry, AIMS & RC** organized a series of impactful programs aimed at spreading awareness about the importance of mental health and suicide prevention.

A thought-provoking talk was delivered by **Dr. Asif Ali**, who shed light on the **global crisis of suicide**, its **risk factors**, **warning signs**, and **evidence-based intervention strategies**. He emphasized the need to integrate **philosophy, clinical care, and community effort** to replace despair with hope and resilience.

To further engage students, **Poster Making** and **Slogan Competitions** were conducted, providing a creative platform for them to express messages of **hope, strength, and the value of life**. The entries reflected deep empathy and understanding, encouraging everyone to embrace both light and shadow in life's journey.

Competition Winners:

Poster Making Competition

1st Prize – **Ms. Maithili & Ms. Charitha** (1st Year B.Sc Neuroscience Technology)

2nd Prize – **Mr. Hibu Tarun & Ms. Marina Tamut** (3rd Year B.Sc Medical Imaging Technology)

Slogan Competition

1st Prize – **Keerthinath S.A. & Mohan Kumar M.** (2nd Year B.Sc Medical Laboratory Technology)

2nd Prize – **Akshara Hari & Harshith S.** (2nd Year B.Sc Medical Laboratory Technology)



DAY 4 – WORLD SUICIDE PREVENTION MONTH OBSERVANCE AT AIMS & RC

As part of the **World Suicide Prevention Week**, the **Department of Psychiatry, AIMS & RC** organized an **awareness program** on **September 12th, 2025**, to promote mental well-being and highlight the importance of suicide prevention.

The session began with an insightful talk by **Dr. Veena V**, who discussed the **early warning signs of suicide, effective prevention strategies**, and the **importance of timely mental health support**. She also emphasized the vital role of **community awareness and helpline services** in saving lives.

A major highlight of the event was the **Collage Making and Painting Competitions** conducted for the students of the **Akash Institute of Paramedical Sciences**, centred around the theme **“Changing the Narrative on Suicide.”**

The event was graced by **Dr. Chethan**, *Assistant Professor, Department of Paediatrics*, who served as the **Guest of Honour**. In his address, he encouraged students to carry forward the message of **hope, empathy, and resilience** in both their professional practice and personal lives.

Through this initiative, the department sought to **raise awareness, reduce stigma, and actively involve young healthcare professionals** in promoting mental health and suicide prevention.

Competition Winners:

Collage Making Competition

1st Prize – **Harshini & Tejaswin**

2nd Prize – **Viranjana & Devitheertha**

Painting Competition

1st Prize – **Maria Sanusha**

2nd Prize – **Edwin Jojo**



DAY 5 – WORLD SUICIDE PREVENTION MONTH OBSERVANCE AT AIMS & RC



The **Department of Psychiatry, Akash Institute of Medical Sciences and Research Centre (AIMS & RC)**, organized an engaging awareness program on **23rd September 2025** for **final-year MBBS students** as part of the **World Suicide Prevention Month** observance.

The session featured **Dr. Anish V. Cherian**, *Additional Professor of Psychiatric Social Work and Lead of the NIMHANS Suicide Prevention, Research, Implementation, Training & Engagement (N-SPRITE) Centre*, as the **Guest Speaker**. He delivered an insightful talk on *“The Role of Health Professionals in Suicide Prevention”*, shedding light on **global and national suicide trends, risk factors, and preventive strategies**. He emphasized the crucial role of **health professionals** in **early identification, timely intervention, and community engagement** for suicide prevention.

Dr. Suresh V. C, *Professor and Head, Department of Psychiatry*, also addressed the gathering, highlighting the importance of **sensitizing future doctors to mental health issues** and recognizing the **collective responsibility** in addressing suicide prevention.

The session underscored key aspects such as **stigma reduction, capacity building, integration of mental health into primary care**, and the **need for collaborative efforts** across sectors. Faculty members from various departments actively participated, making it a **multidisciplinary initiative** dedicated to fostering awareness and strengthening suicide prevention efforts within the healthcare community.



WORLD ORS DAY CELEBRATION AT AKASH HOSPITAL

Akash Hospital celebrated **World ORS Day** with enthusiastic participation from the **Department of Pediatrics** and students across various disciplines. The event aimed to raise awareness about the **importance of Oral Rehydration Solution (ORS)** in preventing dehydration and promoting overall health.

Students showcased their **creativity through informative posters and drawings**, effectively spreading the message of **good health, hydration, and preventive care** among the community. The celebration successfully combined education and engagement, reinforcing Akash Hospital's commitment to **public health awareness**.



WORLD PHARMACISTS DAY CELEBRATION AT AKASH HOSPITAL



Akash Hospital joyfully celebrated **World Pharmacists Day** to honor the invaluable contributions of pharmacists in patient care and healthcare delivery. **Dr. Ravishankar S. N., Professor and Head of the Department of Medicine**, along with **Dr. Swathi, Clinical Admin**, graced the occasion and **presented gifts to the pharmacists** as a token of appreciation for their dedication and service. The celebration emphasized the essential role of pharmacists in promoting **safe, effective, and patient-centered medication management**.

DR. WILMA DELPHINE SILVIA C. R. -EMINENT GUEST SPEAKER AT LABMEDICON 2025

Dr. Wilma Delphine Silvia C. R., Professor and Head, Department of Biochemistry, AIMS & RC, was invited as an eminent Guest Speaker at LABMEDICON 2025, held at Bangalore Baptist Hospital, Bengaluru, on 9th August 2025. She delivered an insightful session titled "From Sample to Report: A Journey Through the Diagnostic Laboratory," where she elaborated on the vital steps involved in ensuring precision and quality in laboratory diagnostics. Her address was widely acclaimed for its informative content and relevance to current laboratory practices.





GRAND DASARA CELEBRATION AT AKASH GROUP OF INSTITUTIONS

The Akash Group of Institutions and Akash Hospital campuses came alive with vibrant festivities during the **Dasara Celebration**. The event was marked by devotion, cultural spirit, and togetherness, creating a joyful atmosphere for students, staff, and the community.

The celebration was graced by the esteemed presence of **Shri K. Muniraju, Chairman; Smt. Pushpa Muniraju, Chairperson; and Shri Amar Gowda, Vice Chairman, Akash Group of Institutions**, whose participation added to the grandeur of the occasion.

With traditional rituals, cultural performances, and festive decorations, the Dasara celebration at Akash reflected unity, heritage, and the spirit of victory of good over evil.





GOLDEN STETHOSCOPE AWARD

This honour is bestowed upon Dr. Vijay Kumar T. S., Professor, Department of Ophthalmology, Akash Institute of Medical Sciences, in recognition of his exemplary commitment and selfless contributions that have positively impacted society and advanced the practice of medicine.

Radio City proudly acknowledges his dedication, which continues to inspire generations and strengthen the foundation of healthcare.



GOLDEN
STETHOSCOPE

THIS HONOUR GOES TO

Dr. Vijay Kumar T S

Prof. Department of Ophthalmology Akash

Institute of Medical Sciences



Dr. Vijay Kumar T. S.

Prof. Department of Ophthalmology
Akash Institute of Medical Sciences

Dr. Vijay Kumar T. S., MS Ophthalmology, completed over two decades of expertise in the field. He has worked in Bangalore and also served as Professor and Head of Department.

Alongside medicine, he has been involved in various social activities. A winner of multiple state awards, he has produced several hit serials. He is dedicated to promote eye donation and awareness.



GENERAL HEALTH CAMPS JULY -AUGUST -SEPTEMBER



Place of the camp :
ANC Camp Devanahalli

Date of the camp :05/07/2025



Place of the camp :
Irgampalli

Date of the camp :06/07/2025



Place of the camp :
Devanahalli Purasabe

Date of the camp :10/07/2025



Place of the camp :
Vijayapura Purasabe

Date of the camp :10/07/2025



Place of the camp :
Kuluvanahalli

Date of the camp :13/07/2025



Place of the camp :
Bylanarasapura

Date of the camp :16/07/2025



Place of the camp :
Jangamakote

Date of the camp :17/07/2025



Place of the camp :
Hosudya

Date of the camp :20/07/2025



Place of the camp :
Nandi camp

Date of the camp : 21/07/2025



Place of the camp :
G Hosahalli

Date of the camp : 23/07/2025



Place of the camp :
Dinnuru

Date of the camp : 25/07/2025



Place of the camp :
Inhouse Blood camp

Date of the camp : 25/07/2025



Place of the camp :
Kyalanur

Date of the camp : 26/07/2025



Place of the camp :
Allalasandra

Date of the camp : 27/07/2025



Place of the camp :
Maralenahalli

Date of the camp : 30/07/2025



Place of the camp :
Penamale & Kattigenalli

Date of the camp : 03/08/2025



Place of the camp :
Shivapura & Doddaballapura

Date of the camp : 06/08/2025



Place of the camp :
Halenahalli

Date of the camp : 12/08/2025



Place of the camp :
Nallappareddy palli

Date of the camp : 13/08/2025



Place of the camp :
Yaragunte

Date of the camp : 17/08/2025



Place of the camp :
Budigere

Date of the camp : 19/08/2025



Place of the camp :
Koratagere

Date of the camp : 22/08/2025



Place of the camp :
Vani Vidhyashrama

Date of the camp : 23/08/2025



Place of the camp :
Namagondlu

Date of the camp : 31/08/2025



Place of the camp :
Kadapalli

Date of the camp : 03/09/2025



Place of the camp :
G Kothur

Date of the camp : 14/14/2025



Place of the camp :
Maralenahalli

Date of the camp : 15/09/2025



Place of the camp :
Murugamalla

Date of the camp : 17/09/2025



Place of the camp :
Dodda Hejjaji

Date of the camp : 18/09/2025



Place of the camp :
Akash Global college

Date of the camp : 18/09/2025



Place of the camp :
Sulebele

Date of the camp : 22/09/2025



Place of the camp :
Munuganapalli

Date of the camp : 25/09/2025



Place of the camp :
Akash Institute of Pharmacy

Date of the camp : 26/09/2025

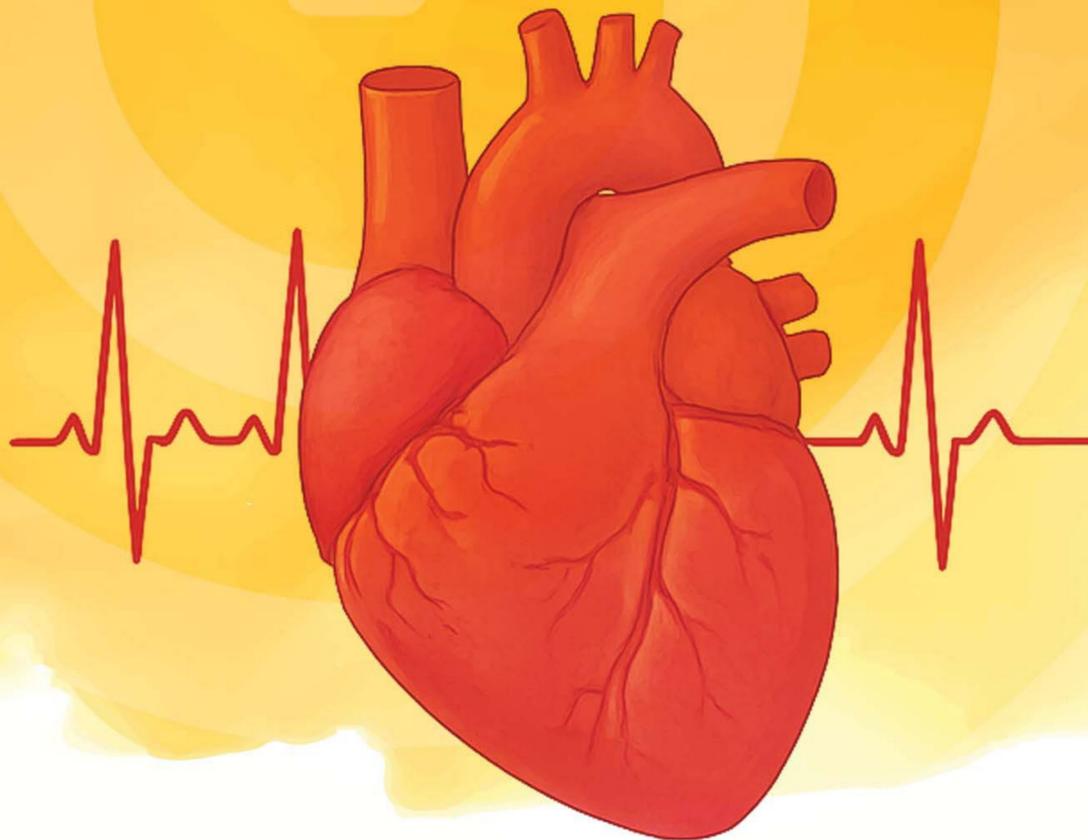


Place of the camp :
Jangamakote ITBP BSF Blood camp

Date of the camp : 27/09/2025

QUIZ TIME

WHICH CARDIAC BIOMARKERS ARE MOST SPECIFIC FOR MYOCARDIAL INFARCTION?



Send your answer to 'info@aimsrc.com'

The best answer will be published in the next Months edition along with their name and college.

CARTOON

Biochemistry Viva Vibes

Professor:
Classify minerals

Min...er...
als



Professor: Yes,
try to recollect
dear

Student: Fat soluble
minerals and
Water soluble minerals



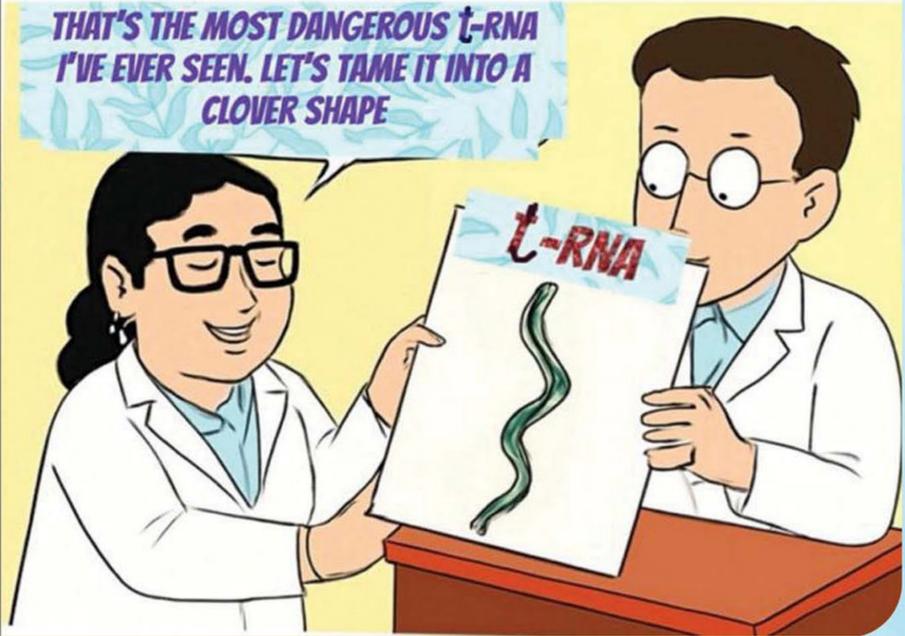
Professor: Oh dear, If minerals were soluble like
vitamins, we'd all be drinking stones in our tea
and if minerals were fat soluble, your samosa
would be crunchy with calcium



DRAW A NEATLY LABELLED
DIAGRAM OF t-RNA



THAT'S THE MOST DANGEROUS t-RNA
I'VE EVER SEEN. LET'S TAME IT INTO A
CLOVER SHAPE





AIMS&RC
AKASH INSTITUTE OF MEDICAL SCIENCES
AND RESEARCH CENTRE



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Karnataka 562110

 **080 24444442 / 1800 425 1111**