AIMS&RC
AKASH INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE
Vidya... Gnana...Arogya

AKASH HOSPITAL

AKASHVANI

THE OFFICIAL NEWSLETTER OF AIMS&RC

APRIL-MAY-JUNE 2026 VOLUME - 20



Akash Hospital

Ranked 8th

By Times Group Health Survey 2023-24



ADVANCING HEALTHCARE THROUGH KNOWLEDGE, INNOVATION, AND COMPASSION

Healthcare is entering an era of unprecedented transformation, shaped by advancements in medical science, digital technologies, artificial intelligence, precision medicine, and innovative approaches to public health. While these developments are redefining the possibilities of healthcare delivery, our commitment to compassion, ethics, integrity, and service to humanity must remain the foundation of all our endeavors.

At AIMS&RC, we believe that the future of healthcare depends on the strength of education, research, and innovation. Our mission extends beyond creating skilled healthcare professionals; we aim to nurture compassionate physicians, visionary researchers, dedicated educators, and responsible leaders who are prepared to address the evolving healthcare challenges of society. Through excellence in medical education, clinical practice, research, and community engagement, we continue to build an institution that contributes meaningfully to healthcare advancement.

Innovation and collaboration are at the heart of our institutional journey.
As we advance in the field of medicine, we remain equally committed to the principles of preventive and public health. Improving health outcomes requires strengthening healthcare systems, promoting healthy lifestyles, addressing communicable and non-communicable diseases, and ensuring equitable access to quality care. Through community-oriented initiatives and evidence-based practices, we continue to extend our contributions beyond the campus and serve the broader needs of society.

The future belongs to institutions that embrace responsible innovation, encourage interdisciplinary learning, foster research excellence, and inspire lifelong curiosity. By integrating emerging technologies with human-centered care, we can continue to transform healthcare education and delivery while preparing the next generation of healthcare professionals to lead with competence and compassion.

May AKASHVANI continue to serve as a dynamic platform for sharing knowledge, celebrating achievements, promoting innovation, and strengthening the bonds within our academic community.
Together, let us continue our journey towards excellence in medical education, impactful research, quality healthcare, and compassionate service to humanity.

Dr. Sunil Kumar D.R.
Chief Editor

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AIMS&RC DEPARTMENT OF GENERAL SURGERY CELEBRATES NATIONAL SURGEONS WEEK 2026

The Department of General Surgery, Akash Institute of Medical Sciences & Research Centre (AIMS&RC) celebrated National Surgeons Week from 9th to 15th June 2026 and National Surgeons Day on 15th June 2026 with a series of patient-oriented and academic activities.

As part of the celebrations, awareness programmes on Diabetic Foot Care, Burns Care, and Dog Bite Management were conducted for patients. A skit highlighting the importance of diabetic foot care was presented by VIII-term MBBS students. Various competitions including Quiz, Debate, Poster Presentation, and Dumb Charades were organized for MBBS students and Surgery postgraduates, encouraging academic participation and teamwork.







The Surgeons Day celebration was held on 16th June 2026, during which two senior surgeons who had served the institution, Dr. Anjanappa T. H. and Dr. Ashok Naik, were felicitated in recognition of their invaluable contributions. The toppers of the first two postgraduate batches, Dr. Anila and Dr. Aishwarya, were also honoured for their academic excellence.

The programme was presided over by Dr. Shivaprakash N. C., Dean & Principal, AIMS & RC. Dr. Naresh Shetty, CEO, AIMS & RC, and Dr. Brijesh, Medical Superintendent, graced the occasion as Guests of Honour.

The celebrations reflected the department's commitment to patient education, academic excellence, and recognition of the dedicated service rendered by surgeons.

AIMS&RC CELEBRATES 5TH GRADUATION CEREMONY WITH PRIDE AND HONOUR

Akash Institute of Medical Sciences and Research Centre proudly celebrated its 5th Graduation Ceremony, commemorating a significant milestone in the journey of our MBBS and postgraduate students as they step forward into the noble profession of medicine.

The occasion was graced by Dr. K. S. Ravindranath, Former Director of Sri Jayadeva Institute of Cardiovascular Sciences and Research and Former Vice Chancellor of Rajiv Gandhi University of Health Sciences, who attended as the Chief Guest. His presence and inspiring words encouraged the graduating students as they embarked on the next chapter of their professional journey.

The ceremony celebrated not only the academic achievements of our graduates but also the dedication, perseverance and commitment that shaped their journey through medical education.

As our young doctors begin their careers, Akash Institute of Medical Sciences and Research Centre remains committed to nurturing healthcare professionals who uphold clinical excellence, compassion, integrity and a strong sense of responsibility towards society.

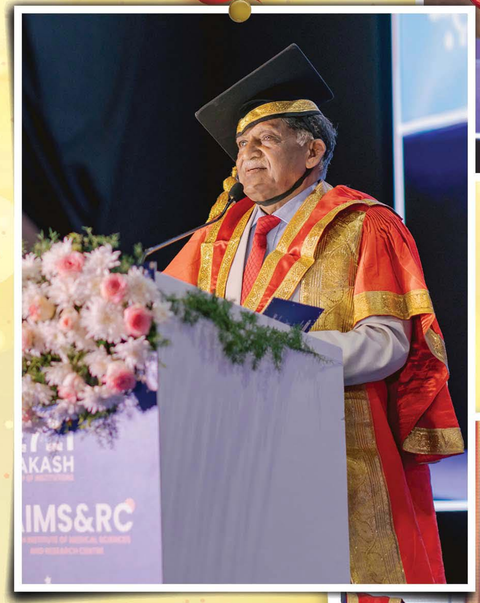
The graduation ceremony marked the beginning of a new journey—one where knowledge meets service and medical expertise is guided by empathy and humanity.


















Mrs S
CERTIFICATE












AKASH INSTITUTE OF


AIMS&RC


PG BATCH 2022-23


AIMSRC
AIMSRC


CERTIFICATE



CELEBRATING EXCELLENCE IN PHYSIOTHERAPY, NURSING, ALLIED HEALTH & PARAMEDICAL SCIENCES

A proud moment for Akash Group of Institutions as we celebrated the graduation of our students from Physiotherapy, Nursing, Allied Health Sciences, and Paramedical Sciences, marking an important milestone in their academic and professional journey.

We were honoured to welcome Dr. U. T. Ifthikar Fareed as the Chief Guest, whose presence and words of encouragement added great value to this special occasion and inspired our graduates as they prepared to embark on their professional careers.

Trained, prepared, and ready, our graduates now step into the healthcare sector with the knowledge, skills, and confidence to make a meaningful impact in the lives of individuals and communities.

As they begin this new chapter, we wish our graduates success, fulfilment, and excellence in their chosen professions.





CELEBRATING MILESTONES, INSPIRING FUTURES: AGCMS GRADUATION CEREMONY

Another proud milestone for Akash Group of Institutions as we celebrated the graduation of our students from Akash Global College of Management and Science (AGCMS) across MBA, MCA, BBA, BBA Aviation, BCA and B.Com, marking the culmination of their academic journey and the beginning of their professional careers.

We were honoured to have Dr. Ramesh Kudenatti, Registrar (Evaluation), Dr. Manmohan Singh Bengaluru City University, grace the occasion as the Chief Guest and address our graduating students with words of encouragement and inspiration.

At Akash Group of Institutions, we take pride in nurturing professionals across diverse disciplines, equipping students with the knowledge, skills and confidence to contribute, lead and create meaningful impact in the real world.

As our graduates step forward into their careers, they carry with them the values of learning, leadership and excellence, ready to embrace new opportunities and contribute to the evolving worlds of business, technology and global systems.

We wish all our graduates success and fulfilment as they begin this exciting new chapter.















AKASH HOSPITAL CELEBRATES INTERNATIONAL NURSES DAY



Akash Hospital proudly celebrated International Nurses Day, honouring the dedication, compassion and invaluable contributions of our nursing professionals who play a vital role in delivering quality patient care.

The celebration was a heartfelt tribute to the commitment, resilience and selfless service demonstrated by our nurses every day. Through their expertise, empathy and unwavering support, they continue to make a meaningful difference in the lives of patients and their families.

The occasion brought together the nursing team and hospital leadership to recognise their contributions and celebrate the spirit of nursing. It was a moment to appreciate the professionals who stand beside patients through every step of their healthcare journey.





At Akash Hospital, we remain committed to supporting and empowering our nursing professionals as they continue to uphold the highest standards of care, compassion and clinical excellence.

Happy Nurses Day to our dedicated nursing team







DR. NARESH SHETTY HONOURED AS CHIEF GUEST AND CONVOCATION SPEAKER AT ESI MEDICAL COLLEGE & HOSPITAL, KOLKATA

We are delighted to share that Dr. Naresh Shetty, CEO – Akash Group of Institutions, was invited as the Chief Guest and Convocation Speaker at the Graduation Ceremony of ESI Medical College & Hospital, Kolkata.

Addressing the next generation of medical professionals was a significant honour and an opportunity to share valuable insights with graduates as they prepare to begin their professional journey in healthcare.

His invitation to deliver the Convocation Address reflects his contributions to the medical and academic community and his continued commitment to mentoring and inspiring future healthcare professionals.

We extend our heartfelt congratulations to Dr. Naresh Shetty on this distinguished honour and wish the graduating doctors success and fulfilment as they embark on their journey of service, compassion and healing.





NATIONAL DOCTORS' DAY CELEBRATION 2026
AIMS & RC

AIMS & RC proudly celebrated National Doctors' Day 2026, a heartfelt occasion dedicated to honoring the unwavering commitment, compassion, and selfless service of our doctors. The event was held under the esteemed patronage of Shri K. Muniraju, Founder & Chairman, Akash Group of Institutions, and Smt. Pushpa Muniraju, Chairperson, Akash Group of Institutions. The celebration was graced by Dr. G. V. Basavaraja, Professor of Pediatrics & Head of PICU, IGICH, Bengaluru, as the Chief Guest, along with Dr. Shivaprakash N. C., Dean & Principal, Dr. Naresh Shetty, CEO, and Dr. Brijesh, Medical Superintendent, AIMS & RC.

The programme featured tree plantation, inspiring addresses by the dignitaries, felicitation of the Chief Guest and retired doctors, recognition of outstanding doctors through the Best Doctor Awards, prize distribution, and a heartfelt vote of thanks. The celebration reflected our deep appreciation for the healthcare professionals who dedicate their lives to healing and caring for society every day.

They care for us every day. Now it's our turn to celebrate them.

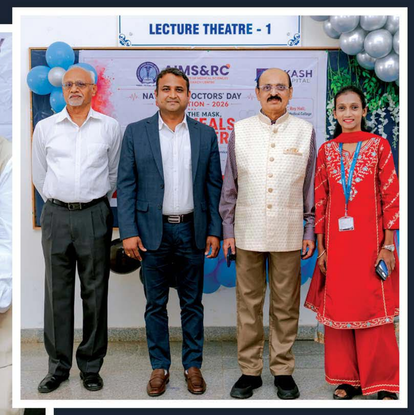























NATIONAL DOCTORS' DAY
CELEBRATION - 2026
VENUE
Dr. BC Roy Hall,
Akash Medical College


Dr. B.C. ROY
LECTURE THEATRE - 1
AIMS&RC
AKASH HOSPITAL


VENUE
Dr. BC Roy Hall,
Akash Medical College

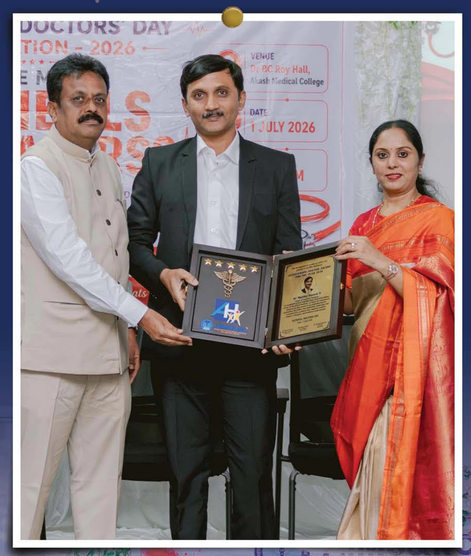

AIMS&RC
AKASH HOSPITAL
NATIONAL DOCTORS'
CELEBRATION - 202
BEHIND THE MASK,


Dr. B.C. ROY
LECTURE THEATRE - 1




AIMS&RC
AKASH INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE
AKASH HOSPITAL
NATIONAL DOCTORS'
CELEBRATION - 2026
BEHIND THE MASK,


VENUE
Dr. BC Roy Hall,
Akash Medical College
DATE
1 JULY 2026


DOCTORS' DAY
VENUE
Dr. BC Roy Hall,
Akash Medical College
DATE
1 JULY 2026


VENUE
Dr. BC Roy Hall,
Akash Medical College


AKASH HOSPITAL
NATIONAL DOCTORS' DAY
CELEBRATION - 2026
VENUE
Dr. BC Roy Hall,
Akash Medical College
DATE
JULY 2026

DEPT OF GENERAL SURGERY

Interesting Case: Large Left Gluteal Liposarcoma

A 35-year-old patient presented with a progressively increasing swelling over the left gluteal region for approximately 8 months. Clinical evaluation revealed a large soft-tissue mass, and MRI of the pelvis demonstrated a 13 × 19 × 13 cm mass involving the left gluteal region. An image-guided biopsy confirmed the diagnosis of liposarcoma. Considering the size and location of the tumor, the patient was planned for definitive surgical management and underwent wide excision of the left gluteal mass under General Anaesthesia by Dr. Murthy Kumar V and team. The tumor was successfully excised, and the specimen weighed approximately 4.5 kg, with careful dissection from the surrounding structures. The postoperative period was uneventful, and the patient recovered well following surgery. The case is noteworthy due to the large size of the tumor, relatively young age of presentation, and unusual gluteal location, emphasizing the importance of early evaluation of progressively enlarging soft-tissue masses and appropriate multidisciplinary management of soft-tissue sarcomas



DR. WILMA DELPHINE SILVIA CR EXCELS IN ADVANCED COURSE IN MEDICAL EDUCATION

Dr. Wilma Delphine Silvia CR, Professor and Head, Department of Biochemistry, Akash Institute of Medical Sciences and Research Centre, Bengaluru, successfully completed the second contact session of the Advanced Course in Medical Education (ACME) conducted at St. John's Medical College, Bengaluru, a Nodal Centre for Faculty Development. As part of the course requirements, she presented her research project titled "Near Peer or Artificial Intelligence: Which Drives Better Outcomes in Case-Based Learning in Biochemistry for First Professional Year Medical Students? A Randomized Controlled Study." In recognition of her outstanding performance and academic contribution, she was awarded a Letter of Commendation, marking a significant achievement in medical education and research.



Nodal Center for Faculty Development

St. John's Medical College, Bangalore

Letter of Commendation

Batch 2025 B

Dr Wilma Delphine Silvia CR

Akash Institute of Medical Sciences and Research Centre, Bengaluru

for the poster titled

"Near Peer or Artificial Intelligence: Which Drives Better Outcome in Case Based Learning in Biochemistry for First Professional Year Medical Students? A Randomized Controlled Study"

as a part of the Advance Course in Medical Education held on 27th of February 2026

Dr. Nachiket Shankar
Convener
St. John's Medical College, Bangalore
Professor and Head
Department of Medical Education
Convenor,
NMC Nodal Centre For Faculty Development
St. John's Medical College
Bangalore - 560 034, India



EMBRACING WELLNESS: AGI CELEBRATES INTERNATIONAL YOGA DAY

The Akash Group of Institutions (AGI) celebrated International Yoga Day with great enthusiasm, highlighting the importance of yoga as a way of life for promoting physical, mental and emotional well-being.

The celebration brought together students, faculty members, doctors and staff, who actively participated in a series of yoga asanas and breathing exercises under expert guidance. The session provided an opportunity for the AGI community to experience the benefits of mindful movement, controlled breathing and relaxation.

The programme emphasised the importance of incorporating yoga into daily life to support a healthy lifestyle, manage stress and enhance overall wellness. The celebration also reflected AGI's continued commitment to promoting holistic health and well-being across its academic and healthcare community.

The event concluded with an inspiring message encouraging everyone to embrace yoga as a lifelong practice and take meaningful steps towards a healthier, more balanced and harmonious future.



















ADVANCING EXCELLENCE IN INPATIENT PHYSIOTHERAPY

The Department of Physiotherapy at Akash Institute of Physiotherapy successfully organized an expert talk on "Advance Excellence in Inpatient Physiotherapy." The session was delivered by Dr. Sukumar Nayak, who shared valuable insights into evidence-based inpatient physiotherapy, early mobilization, interdisciplinary care, and advanced rehabilitation practices.

The program was conducted under the guidance of Dr. Manjunath, Principal – Akash Institute of Physiotherapy, with the support of Dr. Swathi, Administrator, and Mr. Preetham, Principal – Akash Institute of Nursing.

Faculty members, MPT and BPT students actively participated in the interactive session, gaining valuable clinical knowledge and practical insights to enhance inpatient physiotherapy practice.

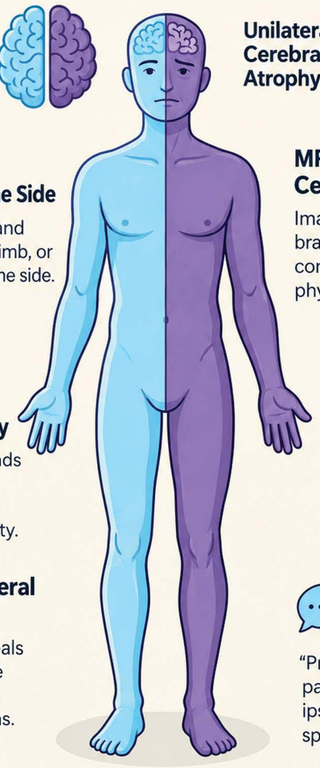
The Department extends its sincere gratitude to Dr. Sukumar Nayak and all participants for making the event a great success.





CLINICAL SPOTLIGHT

HPHA: Parkinsonism Meets Body Asymmetry



Parkinsonism and Hemiatrophy on One Side

Movement disorders and body shrinkage (face, limb, or trunk) occur on the same side.

Look for Early Physical Asymmetry

Watch for smaller hands or feet and facial asymmetry alongside bradykinesia and rigidity.

MRI Shows Unilateral Cerebral Atrophy

Imaging typically reveals brain shrinkage on the side corresponding to the physical symptoms.

Unilateral Cerebral Atrophy

MRI Shows Unilateral Cerebral Atrophy

Imaging typically reveals brain shrinkage on the side corresponding to the physical symptoms.

Differentiate from Corticobasal Syndrome

Unlike CBS, HPHA focuses on hemiatrophy rather than apraxia or "alien limb" phenomena.

The Classic "Exam Pearl" Answer

"Progressive unilateral parkinsonism with ipsilateral hemiatrophy" specifically indicates HPHA.

DIAGNOSIS & CARTOON

A patient develops swelling of the eyes and lips shortly after an insect sting.



Spot Diagnosis?

A) Urticaria
B) Angioedema
C) Cellulitis
D) Contact dermatitis

Hint: "Think of rapid swelling involving deeper layers of the skin."

QUIZ TIME

Gastroenterology Quiz

Q. A 60-year-old man with weight loss, epigastric pain radiating to the back, and a palpable gallbladder?

- A) Chronic pancreatitis
- B) Pancreatic cancer
- C) Duodenal ulcer
- D) Acute cholecystitis





COMMENT

Send your answer to '**info@aimsrc.com**'

The best answer will be published in the next Months edition along with their name and college.

GENERAL HEALTH CAMPS



Place of the camp :
Varanpalli & Naralapalli & G.Charlopalli
Date of the camp : 03/04/2026



Place of the camp :
Yagavamaddalakan
Date of the camp : 12/04/2026



Place of the camp :
Gundasandra
Date of the camp : 07/04/2026



Place of the camp :
Koramangala
Date of the camp : 13/04/2026



Place of the camp :
Gangerekaluve
Date of the camp : 12/04/2026



Place of the camp :
Gollavara Halli
Date of the camp : 14/04/2026

GENERAL HEALTH CAMPS



Place of the camp : Koira
Date of the camp : 14/04/2026



Place of the camp : Muthakada Halli
Date of the camp : 18/04/2026



Place of the camp : Bettakote
Date of the camp : 15/04/2026



Place of the camp : Perumachanalli
Date of the camp : 22/04/2026



Place of the camp : Inaminchana Halli
Date of the camp : 16/04/2026



Place of the camp : : Melekote DB Pura
Date of the camp : 24/04/2026



Place of the camp : Shidlaghatta
Date of the camp : 17/04/2026



Place of the camp : Kallanayakanalli
Date of the camp : 26/04/2026

GENERAL HEALTH CAMPS



Place of the camp : Yarragunte
Date of the camp : 27/04/2026



Place of the camp : Dodda Marali
Date of the camp : 08/05/2026



Place of the camp : Sullibele
Date of the camp : 01/05/2026



Place of the camp : Hampsandra
Date of the camp : 09/05/2026



Place of the camp : Devargudipalli
Date of the camp : 03/05/2026



Place of the camp : Katamnalluru
Date of the camp : 10/05/2026



Place of the camp : Dodda muddenahalli
Date of the camp : 07/05/2026



Place of the camp : Yallodu
Date of the camp : 11/05/2026

GENERAL HEALTH CAMPS



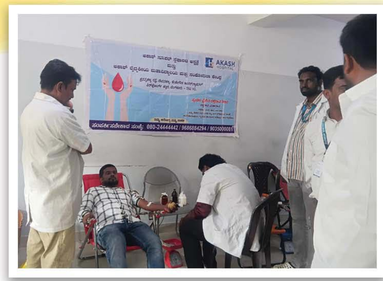
Place of the camp : Garadigaripalya
Date of the camp : 15/05/2026



Place of the camp : Yagavamaddalakane
Date of the camp : 25/05/2026



Place of the camp : Kanagamakalapalli
Date of the camp : 16/05/2026



Place of the camp : Hosakote Blood camp
Date of the camp : 26/05/2026



Place of the camp : Gowdahalli
Date of the camp : 20/05/2026



Place of the camp : Muddalapalli
Date of the camp : 31/05/2026



Place of the camp : Pulama Ghatta
Date of the camp : 24/05/2026



Place of the camp : Heggade Halli
Date of the camp : 01/06/2026

GENERAL HEALTH CAMPS



Place of the camp : Bhudala
Date of the camp : 06/06/2026



Place of the camp :
Jalipigara Palli & Thippena Halli
Date of the camp : 14/06/2026



Place of the camp : Palyakere
Date of the camp : 07/06/2026



Place of the camp : Sarvodaya Ashrama
Date of the camp : 20/06/2026



Place of the camp : Polahalli
Date of the camp : 11/06/2026



Place of the camp : Dodda Marali Kere
Date of the camp : 23/06/2026



Place of the camp : Blood camp
Date of the camp : 12/06/2026



Place of the camp : Gorthapalli
Date of the camp : 26/06/2026

AIMS&RC

AKASH INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE

AKASH HOSPITAL

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